



WINTER 2019/20

# YOUR GUIDE TO Lillehammer and Gudbrandsdalen



SUSTAINABLE  
DESTINATION



Create your  
experience.

**Lille  
hammer**™



# Family friendly

Lillehammer and Gudbrandsdalen offer a range of family-friendly activities and adventures, and also a wide choice of accommodation where children are welcome and well catered for.



## Eco-friendly travel made easier



The Green Travel symbol (tussock) makes eco-friendly travel easy. Several of our travel-industry service providers have been awarded environmental certification, and are committed to sustainable development. These will carry the tussock / Green Travel symbol.



Share your images and holiday memories with us at [#visitlillehammer](https://www.instagram.com/visitlillehammer). Maybe the photo we repost is yours?

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## Our cooperation Municipalities



## An event-filled winter adventure

Welcome to Norway's largest, most spectacular winter resort.

Have fun at our alpine centres, explore some of the world's best cross-country ski trails, or try a range of other winter pursuits - such as dog sledding, winter park with snow hotel and ice cathedral, bobsleigh, tobogganing, sleigh rides, snowshoeing, ice-skating, or simply a walk during the twilight hour.

If you prefer the indoors, Lillehammer and its surrounding towns and villages are renowned for excellent shopping, wonderful cuisine, and activities such as climbing - to mention but a few. Visiting the winter sports events is also highly recommended, either as participant or as spectator. On the programme this winter are the Norwegian Winter Championships week at Lillehammer,



Foto: Visit Lillehammer

various World Cup events throughout the region, and the traditional Furusjøen Rundt and Birkebeiner Ski Race.

Our Christmas towns are well worth a visit, and the joy of the festive season is celebrated throughout December. Lillehammer's unique pedestrian street in its full Christmas glory is an experience not to be missed.

Whatever you choose to do, we hope that your stay with us leaves you with unforgettable memories.

Enjoy!

**Manager Ove Gjesdal**



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DESTINATION



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Foto: Ricardo Toro/Alpinco

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# Welcome to our region

Foto: Esben Haakenstad

Explore Lillehammer and Gudbrandsdalen – a destination with spectacular scenery, unique attractions, and great adventures

## Lillehammer

1

The famous pedestrian street in Lillehammer offers a cosy village feel rarely found in urban settings. Storgata, lined with idyllic wooden town houses, provides the framework for a modern and friendly shopping experience and is an attraction in its own right. Lillehammer is renowned for hosting the Winter Olympics in 1994 and the Winter Youth Olympics in 2016, and has several Olympic Arenas well worth a visit. In Lillehammer you'll find great museums like Maihaugen, Norwegian Olympic Museum and Lillehammer Art Museum

## Hafjell, Hunderfossen and Øyer

2

Wide range of adventure activities within a small radius: Hafjell Alpine Centre is the ultimate ski resort, offering something to suit all age groups and skill levels. The cross-country ski trails in Hafjell and Øyerfjellet form part of Norway's largest and best trail network. Hunderfossen Winter Park is an enchanting experience in snow and ice. At Lillehammer Olympic Bobsleigh and Luge Track, you get to try adrenaline-filled Olympic activities. Other attractions include the Norwegian Road Museum, Lekeland Hafjell, and many others.

## Sjusjøen and Nordseter

5 7

Sjusjøen and Nordseter are the mountain areas closest to Lillehammer. Both are located less than 20 km from the town centre, and offer cross-country ski trails of which several are groomed for freestyle skiing. In March, thousands of skiers participating in the 54 km long Birkebeiner Ski Race pass through Sjusjøen on their way from Rena to Lillehammer. Sjusjøen is also excellent for alpine enthusiasts with Sjusjøen Ski Centre offering downhill skiing as well as a cross-country and biathlon arena.

The numbers indicate where the destinations are located. Please see the overview map of Lillehammer and Gudbrandsdalen, page 63-65

## Kvitfjell, Venabygdsfjellet and Ringebu

3 10 12

Kvitfjell has spectacular alpine runs, created for the 1994 Winter Olympics. With its varied choice of slopes covering three mountain sides, Kvitfjell Alpine Centre has become a popular ski resort for the whole family. On the eastern side of Gudbrandsdalen are the breathtaking Ringbufjellet, Venabygdsfjellet, and Rondane – a stunning high-mountain experience with way-marked ski trails. Ringebu is often referred to as Norway's smallest town, and has a history as a commercial centre dating back to 1899. Here you will find a wide selection of speciality shops in charming surroundings.

## Vinstra, Gålå, Fagerhøy, Kvamsfjellet and Rondane Nasjonalpark

13 6 11 16

Visit the central part of Gudbrandsdalen, and discover a spectacular mountain skiing area as well as a host of cultural experiences in an authentic setting. Vinstra forms a famous part of the World of Peer Gynt, and is the region's centre. Gålå offers skiing in gentle high-mountain terrain, and the ski centre Gålå Alpin is perfect for the whole family. Fagerhøy offers well-prepared trails in all wind directions. On the eastern side of the valley is Kvamsfjellet – a gateway to Rondane National Park. In February you can take part in the Furusjøen Rundt race, also known as the Adventure of Rondane.

## Skeikampen, Gausdal, Espedalen and Skåbu

4 8 9

Skeikampen, some 45 minutes by car from Lillehammer, is a resort ideal for cross-country and alpine skiing. It is located in the mountain area known as the World of Peer Gynt, where you also find Kvitfjell, Gålå, and Espedalen. Espedalen in Vestre Gausdal and Sør-Fron is another fantastic starting point for outdoor pursuits, whatever the season. It is also home to Helvete Nature Park featuring Northern Europe's largest potholes. Skåbu offers a vast, varied network of trails, with easy access from several locations.

## Synnfjell and Landsbyen Dokka

14 15

Synnfjell is a stunningly beautiful and diverse mountain area between Lillehammer and Valdres, ideal for outdoor activities such as hunting and fishing. Its highest point is the peak Spåtindtoppen at 1414 m above sea level – a popular destination both summer and winter, with panoramic views of Jotunheimen, Rondane, Dokkadalen, and Randsfjorden. With over 350 km of groomed high-quality trails, Synnfjell is ideal for cross-country skiing. Snow conditions are excellent, and the scenery varies from forest terrain to mountain plateaus. The family-friendly ski resort, Spåtind Skisenter, is located by Spåtind Sport Hotel.

For more info on the destinations: [www.lillehammer.com/about-the-region/destinations](http://www.lillehammer.com/about-the-region/destinations)



# Top attractions

## for families with children

### Alpine skiing

A wide choice of runs for all skill levels, and excellent children's facilities. Separate bespoke children's areas, easy-to-use lifts (several of the children's areas are free of charge), fun skill development courses and ski parks. Hafjell and Kvitfjell are the largest resorts, with Skeikampen Spåtind Ski Centre, Sjusjøen Ski Centre, Gålå and alpine skiing in Kanthaugen as excellent alternatives. Some smaller facilities in the mountains are also available. Activities for all age groups.

**Page 16-18**

### Cross-country skiing

Cross-country skiing Visit Norway's most spectacular cross-country skiing area, with stable and reliable snow conditions and mile after mile of the country's very best trails. Terrain suitable for all skill levels, and cross-country skis and equipment are available for hire at the ski resorts.

**Page 19-26**

### Hunderfossen Winterpark Park

Hunderfossen Winter Park During winter, Hunderfossen Adventure Park is transformed into an enchanting winter wonderland of snow and ice. By the beautiful Fairytale Castle, you will find the majestic Ice Cathedral and the Snow Hotel with spectacular ice and snow decorations. Activities for all age groups, such as snow rafting, snowmobile, fairytale castle, and music, song and dance – all adding to the magical atmosphere.

**Page 30**

### Lillehammer Olympic Bobsleigh and Luge Track

Feel the adrenaline rush as you try an Olympic activity at Lillehammer Olympic Bobsleigh and Luge Track. Older children (from age 10) can enjoy a ride down the track in a bobsled reaching speeds up to 100 km/h.

**Page 31**

### Dog sledding

Dog sledding is a wonderful way in which to experience nature in the company of animals. Try this wonderful activity with eager-to-go Alaska Huskies in beautiful mountain scenery. Ideal for both adults and children.

**Page 30**



Foto: Ricardo foto/Alpino



Foto: Esben Høkenstad



Foto: Hunderfossen Vinterpark, Frederick Kilhe



Foto: Esben Høkenstad



Foto: Visualspectrum



### Tyrili Klatresenter - climbing centre

Climbing builds confidence, and is an incredibly fun activity to do together as a family. In Lillehammer you find one of Norway's most amazing climbing centres, with suitable challenges for all skill levels, from beginners to experienced climbers.

**Page 32**

### Perfect Escape

Join in a collaboration game where you and your friends are "locked" in a purpose-built room. The clock starts ticking, and you have 60 minutes to solve the assignment in order to get out.

**Page 32**

### Lekeland Hafjell - play centre

The only indoor playregion with slides, obstacle courses, ball pools, and a haunted room. Children are encouraged to jump, climb, crawl, balance, slide, explore, and discover. Designated areas suitable for children aged 0-3 and 2-4.

**Page 31**

### Tobogganing

A highly popular activity where you can attach your toboggan directly to the lift to get to the top, and then zoom back down the hill. The Gålå tobogganing run offers beautiful views of the World of Peer Gynt. At Kanthaugen you will have a view of Lillehammer town centre and in Skeikampen you can enjoy adrenalin with fast-paced toboggans.

**Page 30**

### Leisure Pools

What could be more fun than a family day out at one of our leisure pools, featuring children's pools, water slides, counter-current swimming, jacuzzis, saunas, climbing walls, waterfalls, steam rooms, and spectacular surroundings. The leisure pools Jørekstad Fritidsbad, Fron Badeland, and Karlsvogna Fjellbad are guaranteed to keep your children entertained.

**Page 30-31**

### Museum experiences for children

Learn cultural history together as a family whilst having fun! In our region, you will find some of Norway's most exciting museums for children. Lillehammer Art Museum, Maihaugen, the Norwegian Road Museum, The Norwegian Vehicle Museum and the Norwegian Olympic Museum all offer experiences suitable for children as well as adult.

**Page 36-37**



Foto: Esben Høkenstad



Foto: Esben Høkenstad



Foto: Vegard Breie







## Events in Lillehammer and Gudbrandsdalen winter 2019/20

Lillehammer and Gudbrandsdalen do not leave much time for boredom. The calendar is packed with cultural, sporting, and family events - large and small - all through the winter season.



# Highlights

## Biathlon season opening at Sjusjøen, 15-17 Nov

Once again, the Norwegian biathlon elite will join other world-class biathletes for a season opening at Sjusjøen. This is one of the few opportunities to experience our top men and women testing their skis and rifles on home snow. The event organiser promises wonderful days with plenty of excitement and high-quality spectator experiences. This year, a new multi-purpose arena will also be in use.



Biathlon  
season  
opening at  
Sjusjøen

Foto: Vegard Breie  
Foto: NTB Scapix

## Raw Air Lillehammer

### Raw Air Lillehammer

Raw Air is a thrilling ski jumping tournament taking place at four different locations. Lillehammer will be visited by the world's best ski jumpers on Monday 9 and Tuesday 10 March. This year, for the first time ever, the women will also take part in Raw Air. Lots of people and a brilliant atmosphere guaranteed.



## World Para Snow Sport 9.-20 Dec and 8.-24 March

In the lead-up to the joint World Para Snow Sports Championships in February 2021, Lillehammer will host several test events such as cross-country and biathlon (9 - 20 December), the Snowboard World Cup (8 - 14 March), and the Alpine World Cup (14 - 24 March). The two first will be held at the Birkebeineren Ski Stadium, whereas the two latter will take place in Kjeller. These are important events for our region, and are excellent opportunities to see some great sporting action. All are open to the public, and admission is free.

## World Para Snow Sport



Foto: Torje Pedersen / NTB Scapix

## World Cup Lillehammer 7.-8 December

This year's World Cup Nordic Skiing at Lillehammer will be a test of strength and endurance. Athletes competing in the Cup have to partake from the start, and the gruelling trails at Lillehammer will be challenging. Numerous large events have been celebrated at Birkebeineren Ski Stadium, and this is guaranteed to be another hit. This year the sprint is back on the programme, and will be held on Friday 30 November. At the ski jumping arena, the men will go all out for the best possible placing in Nordic Combined, whereas last season's best ski jumper, Maren Lundby, will show off her skills on home ground in what will be the season opening for the women.

## World Cup Lillehammer



Foto: Stein B Olsen

## Furusjøen Rundt 15. february

Now in its 41st year, this is a spectacular ski race often referred to as the Adventure of Rondane. It is widely praised, and is considered excellent preparation for Birken. With a route leading through breathtaking scenery, the experience is simply stunning. This year, the 45 km Furusjøen Rundt race forms part of Visma Ski Classic Challengers. Distances of 20 km and 12 km are also available.

## Furusjøen Rundt



Foto: Stein B Olsen

## World Cup Kvitfjell 6.-8 March

This World Cup race is the big event for Norway's world-famous alpine skiers. Kjetil Jansrud, the King of Kvitfjell, stormed to yet another victory in 2019 during a dramatic and exhilarating weekend. Last year's race was a great success. The event organisers in Kvitfjell look forward to welcoming a full Norwegian national team competing for important World Cup points on home snow.

## World Cup Kvitfjell



Foto: Erik Johansen, NTB Scapix

## Birken

### Birken Skifestival 14.-21.March

Birkebeinerrennet will be organized for the 82nd time on March 21, 2020. Birken is a natural target to train for throughout the season, and to keep moving towards the finishing line is the most important. Last year, some 17 000 people took part in a Birkebeiner event. Every single race ran without a hitch, and with happy and satisfied participants.



Foto: Geir Olen, Birken

## Norwegian Winter Championships week at Lillehammer 25.-29 March

This is the first full Norwegian Winter Championships week ever held, and the honour of hosting this great event has been given to Lillehammer. It will take place during the period 25 - 29 March, and will include all the Norwegian Ski Federation disciplines as well as the Norwegian Championships in snowboarding, curling, tobogganing, sled dog racing, snowmobile racing, badminton, and radio-controlled car racing.

## Norwegian Winter Championship



Foto: Tore Meek, NTB Scapix

## Troll Ski Maraton

### Lillehammer Troll Ski Marathon 18 April

One of the world's longest cross-country ski races, with a choice of distances ranging from 13 to 120 kilometres. Starting point is Venabygd-fjellet, and the finishing line is in spectacular surroundings at Sjusjøen.



Foto: Stein B Olsen

## Hunderfossen Winterpark February

A magical evening with stunning snow and ice art in the Ice Cathedral and Snow Hotel, indoor attractions, playful snow trolls, activities, enchanting performances, and a spectacular firework display.

## Hunderfossen Winter park



Foto: Hunderfossen Winterpark, Hunderfossen



# November

- 06.-07 The simple killer  
MAIHAUGSALEN, LILLEHAMMER
07. Concert with Hasz and Grethe  
RINGEBU BIBLIOTEK
08. "De derre"  
MAIHAUGSALEN, LILLEHAMMER
- 08.-10 Lillehammer Indoor Cup  
- fotball tournament, LILLEHAMMER
- 08.-10 Season opening  
KVITFJELL ALPINE CENTER**
- 09.-10 Season opening GÅLÅ ALPINE CENTER
09. Eggum and Sivertsen  
MAIHAUGSALEN, LILLEHAMMER
10. Mini concert with Camilla Granlien  
MAIHAUGEN, LILLEHAMMER
11. HeimQuiz  
HEIM GASTROPUB, LILLEHAMMER
14. Violet Road  
KULTURHUSET BANKEN, LILLEHAMMER
16. Hockey Classic, Lillehammer-Storhamar  
KRISTINS HALL, LILLEHAMMER
16. Conceert with «Folkevogn»  
FABRIKKEN, LILLEHAMMER
- 16.-17 Season opening SJUSJØEN SKISENTER**

**16.-17 Season opening  
SKEIKAMPEN ALPINE CENTER**

**16.-17 Season opening HAFJELL ALPINE CENTER**

18. HeimQuiz  
HEIM GASTROPUB, LILLEHAMMER
20. This is how you handle idiots at work  
KULTURHUSET BANKEN, LILLEHAMMER
- 20.-24 IBSF Europe Cup Bobsleigh  
LILLEHAMMER OLYMPIC SLIDING CENTRE
21. «Humorgalla»  
MAIHAUGSALEN, LILLEHAMMER
- 21.-23 My life as a she  
PARK CAFÈN, LILLEHAMMER
21. In memory of Elvis Gospel vol. 2  
LILLEHAMMEMR CHURCH
21. Lecture with Simen Bjørgen  
SØR-FRØN LIBRARY
22. Eldbjørg Hemsing & Joachim Carr  
MAIHAUGSALEN, LILLEHAMMER
23. Exhibition opening «Har vi møttes før»  
LILLEHAMMER ART MUSEUM
23. Bjarte Tjøstheim  
MAIHAUGSALEN, LILLEHAMMER

23. Jimmy Cornett & deadmen  
KULTURHUSET BANKEN, LILLEHAMMER
- 23.-24 Christmas at Aulestad  
BJØRNSTJERNE BJØRNSONS HOME  
AULESTAD
24. Pre Christmas day at Lands Museum  
DOKKA
25. HeimQuiz  
HEIM GASTROPUB, LILLEHAMMER
27. Our Christmas  
LILLEHAMMER CHURCH
28. Christmas Gala  
MAIHAUGSALEN, LILLEHAMMER
- 28.-30 My life as a she  
PARK CAFÈN, LILLEHAMMER
29. Lighenting of Maihaugen`s Christmas tree  
MAIHAUGEN, LILLEHAMMER
29. Michael McIntyre - Big World Tour  
HÅKONS HALL, LILLEHAMMER
29. Christmas street opening  
THE VILLAGE RINGEBU
29. Christmas street opening  
THE VILLAGE DOKKA
- 30. Opening season SPÅTIND SKISENTER**
30. Christmas market  
MAIHAUGEN, LILLEHAMMER



# December

01. Christmas market  
MAIHAUGEN, LILLEHAMMER
01. Christmas concert wit Helen Bøksle  
LILLEHAMMEMR CHURCH
02. Concert with Jørn Hoel, Lisa Stokke,  
Emil Solli-Tangen and Lise Mæland  
LILLEHAMMER CHURCH
02. HeimQuiz  
HEIM GASTROPUB, LILLEHAMMER
04. PUST - Christmas concert  
LILLEHAMMER CHURCH
05. Christmas street opening  
LILLEHAMMER
05. Trine Rein - the Christmas gift  
SØR-FRØN CHURCH
- 05.-07 My life as a she  
PARK CAFÈN, LILLEHAMMER
- 06.-08 World Cup Lillehammer**
- 07.-08 IBSF parabobsleigh, World Cup  
LILLEHAMMER OLYMPIC SLIDING CENTRE
07. Christmas market in Lillehammer  
LILLEHAMMER
07. Christmas market  
LANDSBYEN DOKKA
07. Ad Lib - open scene  
FABRIKKEN, LILLEHAMMER
- 07.-08 Christmas market  
FABRIKKEN, LILLEHAMMER
08. Christmas in Øygarden - family theatre  
MAIHAUGEN, LILLEHAMMER
08. Visit Christmas decorated historical homes  
MAIHAUGEN, LILLEHAMMER
08. "Blåtoner", concert with Ole Børud,  
Maria Solheim and Lewi Bergrud  
LILLEHAMMER CHURCH
09. Sissel`s Christmas  
MAIHAUGSALEN, LILLEHAMMER
09. HeimQuiz  
HEIM GASTROPUB, LILLEHAMMER
- 09.-20 World Para Snow Sport, LILLEHAMMER
10. Christmas in Blåfjell  
MAIHAUGSALEN, LILLEHAMMER
11. Christmas with Nordic Tenors  
MAIHAUGSALEN, LILLEHAMMER
- 12.-14 My life as a she  
PARK CAFÈN, LILLEHAMMER
14. Putti Plutti pott  
MAIHAUGSALEN, LILLEHAMMER



14. Christmas concert with Kurt Nilsen  
HÅKONS HALL, LILLEHAMMER
15. Visit Christmas decorated historical homes  
MAIHAUGEN, LILLEHAMMER
15. Hanne & Tre three tenors  
MAIHAUGSALEN, LILLEHAMMER
16. «Deilig er jorden», christmas concert  
LILLEHAMMER CHURCH
18. Odd Nordstoga & The Norwegian Chamber  
Orchestra  
MAIHAUGSALEN, LILLEHAMMER
20. "Seine natt desember" - Trygve Skaug  
LILLEHAMMER CHURCH
20. Adam Douglas - An American Holiday  
MAIHAUGSALEN, LILLEHAMMER
22. Visit Christmas decorated historical homes  
MAIHAUGEN, LILLEHAMMER
- 23.-31 Christmas program in Hafjell Alpine Center  
ØYER
- 23.-31 Christmas program at Skeikampen
- 23.-31 Christmas program in Kvitfjell Alpine Center  
FÅVANG
24. Christmas service in Skei Church  
SKEIKAMPEN
26. Christmas blues  
- T-Bear and The Dukes & Palle Wagnberg  
LILLEHAMMER MIKROBRYGGERI
27. Christmas blues - KID Andersen band  
LILLEHAMMER MIKROBRYGGERI
27. Make yourself a Merry little Christmas -  
Make the yuletide gay, Guiding in English  
MAIHAUGEN, LILLEHAMMER
27. "Det lyser I stille grender" - theatre  
MAIHAUGEN, LILLEHAMMER
- 27.-31 Christmas & New Year program  
at Spidsbergseter Resort Rondane  
VENABYGFJELLET
29. Open barn  
MAIHAUGEN, LILLEHAMMER
29. Make yourself a Merry little Christmas  
- Make the yuletide gay, Guiding in English  
MAIHAUGEN, LILLEHAMMER
31. New Year service in Skei Church  
SKEIKAMPEN

## January

- 01.-02 New Year program  
at Spidsbergseter Resort Rondane  
VENABYGDFJELLET
- 03.-05 MUSH Synnfjell - dog race
- 04. Ad Lib - open scene  
FABRIKKEN, LILLEHAMMER
- 10. New Year concert 2020 with  
Oslo Filharmonien  
MAIHAUGSALEN, LILLEHAMMER
- 11. GM Maraton - check point Skåbu, dog race
- 19. Family Day, LILLEHAMMER ART MUSEUM
- 23.-24 "Utlendingen", MAIHAUGSALEN  
LILLEHAMMER
- 25. "Svanesjøen", MAIHAUGSALEN,  
LILLEHAMMER
- 31. 12 good advice, MAIHAUGSALEN,  
LILLEHAMMER

## February

- 01. 12 good advice  
MAIHAUGSALEN, LILLEHAMMER
- 01. Ad Lib - open scene  
FABRIKKEN, LILLEHAMMER
- 07. CreedenceMania 1969  
MAIHAUGSALEN, LILLEHAMMER
- 07.-08 Hunderfossen Winterpark  
HUNDERFOSSEN
- 08. The Søre Ål round, ski race  
SJUSJØEN SKISENTER
- 10.-29 Winter holiday program in Synnfjell
- 14.-15 Birkebeinerspelet 2020, SJUSJØEN
- 14.-15 Hunderfossen Winterpark  
HUNDERFOSSEN
- 15. "Furusjøen Rundt rennet"  
KVAMSFJELLET
- 15. Grease  
MAIHAUGSALEN, LILLEHAMMER
- 15.-29 Winter-party in Ringebu, RINGEBU
- 16. Children`s Winter Day  
MAIHAUGEN, LILLEHAMMER
- 17.-23 Winter holiday program at Spidsbergseter  
VENABYGDFJELLET
- 18.-22 Hunderfossen Winterpark  
HUNDERFOSSEN
- 18.-28 Winter holiday program at Maihaugen  
MAIHAUGEN, LILLEHAMMER

- 19.-23 Winterpride Lillehammer 2020
- 20.-22 Birkebeinerspelet 2020, SJUSJØEN
- 23. «Kjølen Hematt 2020», SKEIKAMPEN
- 24.-28 Winter holiday program at Skeikampen
- 24.-29 Winter holiday program  
in Hafjell Alpine Center, ØYER
- 24.-29 Winter holiday program  
in Kvittfjell Alpine Center, FÅVANG
- 26.-29 Hunderfossen Winterpark  
HUNDERFOSSEN
- 29. «Gausdalsrennet» SKEIKAMPEN

## March

- 01.-08 Winter-party in Ringebu, RINGEBU
- 04. Hellbillies - 30 years on the road  
MAIHAUGSALEN, LILLEHAMMER
- 07. Winter Market, DOKKA VILLAGE
- 07. Ad Lib - open scene  
FABRIKKEN, LILLEHAMMER
- 07. This was my life - a tribute to Kim Larsen  
MAIHAUGSALEN, LILLEHAMMER

### 07.-08 World Cup Kvittfjell

- 08.-24 World Para Snow Sport, HAFJELL

### 09.-10 Raw Air, LILLEHAMMER

- 14. IngaLåmi, LILLEHAMMER
- 15. BarneBirken, LILLEHAMMER
- 15. UngdomsBirken, LILLEHAMMER
- 17. "Tante Ulrikkes vei" - Theatre  
MAIHAUGSALEN, LILLEHAMMER
- 20. StafettBirken 4 x 7,5 km  
BIRKEBEINEREN SKI STADIUM,  
LILLEHAMMER
- 20. TurBirken 27 km  
KVARSTAD-LILLEHAMMER
- 20. TurBirken 54 km, RENA-LILLEHAMMER
- 20. SkøyteBirken 54 km, RENA-LILLEHAMMER
- 21. BirkeBeinerRennet, RENA-LILLEHAMMER
- 21. Circus Blunck  
MAIHAUGSALEN, LILLEHAMMER
- 23.-29 Ski NM 2020, LILLEHAMMER
- 31. Theater: «Møt meg ved morgengry»  
MAIHAUGSALEN, LILLEHAMMER

## April

- 01.-04 Amandusfestivalen, LILLEHAMMER
- 03.-13 Easter program at Spidsbergseter Resort  
Rondane, VENABYGDFJELLET
- 04. Ad Lib - open scene  
FANRIKKEN, LILLEHAMMER
- 04. «Langrennscross», SKEIKAMPEN
- 04.-12 Easter program for children  
MAIHAUGEN, LILLEHAMMER
- 05.-13 Easter program at Skeikampen
- 06.-12 Easter program in Synnfjell
- 06.-13 Easter program in Hafjell Alpine Center, ØYER
- 06.-13 Easter program in Kvittfjell Alpine Center  
FÅVANG
- 09.12 Easter exhibition with Eva Willix  
MYRESETRA, SKEI

## EXHIBITIONS

- 31.10-24.11 «Herreklubben» - OleKristian Reinsbu,  
Einar Sigstad, Finn Lande Andersen,  
Kjell Bendiksen and Johan Mæhlum  
GALLERI ZINK, LILLEHAMMER
- Until 17.11 From warm Olympic memories,  
to wool dresses  
NORWEGIAN OLYMPIC MUSEUM &  
MAIHAUGEN, LILLEHAMMER
- Until 24.11 Letters from the front - dear mother  
MAIHAUGEN, LILLEHAMMER
- 23.11-19.04 «Have we met before?  
- exhibition through 200 years»  
LILLEHAMMER ART MUSEUM
- 28.11-05.01 Christmas exhibition 2019  
GALLERI ZINK, LILLEHAMMER
- Until 12.01 Kampen for å delta - kvinner i idretten  
NORWEGIAN OLYMPIC MUSEUM,  
LILLEHAMMER
- Dec-Jan Maihaugen`s Christmas tree  
MAIHAUGEN, LILLEHAMMER
- 26.12-01.01 Arne Mortensen, Pellesalen  
PELLESTOVA HAFJELL
- 01.02-23.02 Jørgen Platou Willumsen  
GALLERI ZINK, LILLEHAMMER
- 15.02-23.02 Olav Harald Ulstein  
PELLESTOVA HAFJELL
- 29.02-29.03 Kristin Andreassen and Ingeborg  
Paulsrud, GALLERI ZINK,  
LILLEHAMMER

- 13. Young attacking Vikings final, SKEIKAMPEN
- 18. J.T Lauritsen & The Buckshot Hunters on "Eftas-  
bluesen", LILLEHAMMER MIKROBRYGGERI
- 18. **Lillehammer Troll Ski Marathon  
VENABYGDSFJELLET**
- 24.-26 Baldus Cup 2020, LILLEHAMMER

## May

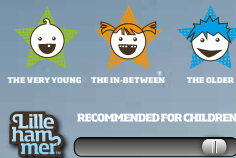
- 02. Ad Lib - open scene  
FABRIKKEN, LILLEHAMMER
- 10. Theatre: «Vaffelhjarte»  
MAIHAUGSALEN, LILLEHAMMER
- 16. Busk, Eriksen & Sjøstrøm at «Eftasbluesen»  
LILLEHAMMER MIKROBRYGGERI
- 23. Exhibition opening "Nancy Spero"  
LILLEHAMMER SRT MUSEUM
- 25.-31 **Norwegian Literature Festival,  
LILLEHAMMER**



Frits Thaulow, Iskjøring (1884) Lillehammer Art Museum, foto: Jørn Hagen

- 04.04-24.05 Easter exhibition - Rolf Nerli  
GALLERI ZINK, LILLEHAMMER
- All year We won the land  
MAIHAUGEN, LILLEHAMMER
- All year Fishing exhibition - Knuvel huts  
MAIHAUGEN, LILLEHAMMER
- All year Workshops, MAIHAUGEN, LILLEHAMMER
- All year ROADS THROUGH THE AGE  
- interactive exhibition the history of  
roads NORWEGIAN ROADMUSEUM,  
HUNDERFOSSEN
- All year Fjellsprengningsmuseet  
- Meet the people who built modern  
Norway, NORWEGIAN ROADMUSEUM,  
HUNDERFOSSEN
- All year Norwegian Vhicle Museum  
NORWEGIAN ROADMUSEUM,  
HUNDERFOSSEN
- All year Håkon Brusveen - Olympic Champion  
NORWEGIAN OLYMPIAC MUSEUM,  
LILLEHAMMER





# Alpine & cross-country skiing

Visit Norway's most spectacular winter destination, and start exploring! Large, high-quality alpine centres and Norway's best cross-country skiing areas.



## ALPINE DESTINATIONS

### 2 Hafjell



In Hafjell, there is no need to choose between a family holiday and exhilarating skiing – you can enjoy both. Only a 15 minute drive north of Lillehammer is one of Norway's largest and most varied ski resorts, featuring over 50 km of runs and 19 lifts – including a gondola. Hafjell Alpine Centre is the snow-sure family favourite, offering skiing adventures for every skill level – from novices to the advanced. Three spectacular family areas, weekly activities for children, terrain park catering for different levels, ski cross for all age groups, varied choice of restaurants, and lots more. In addition to excellent natural snow conditions, 90% of Hafjell Alpine Centre is covered by snow cannons to guarantee an optimum skiing experience. The resort is on the sunny side of the mountain, and has a great layout. See you on the slopes!

**Opening hours and prices:** [www.hafjell.no](http://www.hafjell.no)

**Address:** Hundervegen 122-124, 2636 Øyer, **Tel.** 61 24 90 00

**[www.hafjell.no](http://www.hafjell.no)**



Foto: Eileen Haakenstad

### 3 Kvittfjell



Kvittfjell, the ski resort both for families and olympic champions. Variation, high quality and stunning nature. Kvittfjell has 14 lifts and 34 km of trails. Kvittfjell is known for being a snow-proof ski resort with good snow production in about 85% of the facility. Kvittfjell Park offers challenges to tanned parkers, and the KIDS Park is perfect for children and beginners. We have two nice family areas.

**Opening hours and prices:** [www.kvittfjell.no](http://www.kvittfjell.no)

**Address:** Kvittfjellvegen 471, 2634 Fåvang

**Tel.** 61 24 90 00

**[www.kvittfjell.no](http://www.kvittfjell.no)**



Foto: Vegard Breie

### 4 Skeikampen



Skeikampen Alpenser – alpine for everyone! You will find the most beautiful winter adventures on the snow in Skeikampen. This is the place for anyone who likes to be active together. The resort has 21 slopes for both downhill and snowboarding. The trail network lies in the high mountains as well as in the forest. Skeikampen offers a great variety of activities.

**Opening hours and prices:** [www.skeikampen.no](http://www.skeikampen.no)

**Address:** Sanatorievegen 25, 2652 Svingvoll

**Tel.** 61 05 95 00

**[www.skeikampen.no](http://www.skeikampen.no) / [www.visitskeikampen.no](http://www.visitskeikampen.no)**



Foto: Marius Beck Dahle

### 5 Sjusjøen



The ski resort's six-seated express lift takes you up to a fantastic view, and to slopes with many possibilities and of great variation. An attractive terrain park and a free children's area ensures a good time for every member of the family. Sjusjøen Skisenter is perfectly placed on the sunny side of the mountain and can offer you newly prepared slopes every day.

**Opening hours and prices:** [www.sjusjoen-skisenter.no](http://www.sjusjoen-skisenter.no)

**Address:** Rømsåsen 1190, 2612 Sjusjøen

**Tel.** 452 89 268 / 952 99 066 **[www.sjusjoen-skisenter.no](http://www.sjusjoen-skisenter.no)**



Foto: Sjusjøen Alpenser

## 6 Gålå



With its combination of excellent facilities for both alpine and cross-country skiers, Gålå is an ideal destination for families and groups where individual requirements and skill levels vary. Gålå has 6 lifts and 14 slopes.

**Opening hours and prices:** [www.gala-alpin.no](http://www.gala-alpin.no)

**Address:** Børkdalsveien, 2646 Gålå

**Tel:** 48 10 02 40

**[www.gala-alpin.no](http://www.gala-alpin.no)**



## 15 Spåtind Skisenter



The ski adventure at Spåtind skisenter is big, with around 13 km of treeskiing runs and features like a park, kidsrun, tubingtracks and lots of other nice elements on the mountain, makes Spåtind skisenter a must visit for families! We welcome everyone with a big smile and we're ready to give the whole family an unforgettable day in the mountains!

**Opening hours and prices:** [www.spatindskisenter.no](http://www.spatindskisenter.no)

**Address:** Synnfjellvegen, 2880 Nord-Torpa. **Tel:** 98 41 80 52

**[www.spatindskisenter.no](http://www.spatindskisenter.no)**



## 8 Dalseter



Dalseter has a ski hill straight outside the hotel. The hill is about 750 meter long, with a height difference of 140 meter from top to bottom. The hill is what we call a 'family slope', which means it is well suited for those who haven't done much downhill skiing or snowboarding before.

**Opening hours and prices:** [www.dalseter.no](http://www.dalseter.no)

**Address:** Dalseter Høyfjellshotell, 2658 Espedalen

**Tel:** 61 29 99 10

**[www.dalseter.no](http://www.dalseter.no)**



## 10 Spidsbergseter Skisenter



Spidsbergseter ski slope on Venabygdsfjellet have 2 lifts and 3 slopes with a total of 2,2 kilometers of fun for the whole family. Situated on the sunny side of the mountain. On the top you will get a stunning view of the Rondane National Park.

**Opening hours and prices:** [www.spidsbergseter.no](http://www.spidsbergseter.no)

**Address:** 2632 Venabygd

**Tel:** 61 28 40 00

**[www.spidsbergseter.no](http://www.spidsbergseter.no)**



## 1 Kanthaugen Freestyleanlegg



Just 5 minutes from Lillehammer city you can go alpine skiing and snowboarding 3 days a week. The facility is perfect for children and adults.

**Opening hours and prices:** Hver mandag, onsdag og torsdag kl. 17.00 - 20.00 (Første dag torsdag 02.01 og siste dag torsdag 02.04)

**Address:** Birkebeinervegen 124, 2618 Lillehammer

**Tel:** 61 05 42 00

**[www.olympiaparken.no](http://www.olympiaparken.no)**



# CROSS COUNTRY DESTINATIONS

## A FEW NICE CROSS COUNTRY TOURS IN OUR REGION

Location	Name of cross country route	Km of trails	Difficulty	Ski rental
<b>Hafjell/Oyerfjellet</b>	Hornsjø via Reina	20		Yes
	Hafjell Runden	7		
<b>Skeikampen</b>	Panoramaløypa	10		Yes
	Skeikampen rundt	13		
<b>Gålå</b>	Gålåvatnet rundt	15,6		Yes
	Blåbærfjell-Triltåsen	8,5		
<b>Kvitfjell</b>	Gompen	20		Yes
	Kvitfjelløypen	7		
<b>Lillehammer</b>	Finnsverunden	12		No
	IngaLåmi	15		
<b>Sjusjøen</b>	Sjusjøen Rundt	7,2		Yes
	Birkebeinerløypa til midtfjellet	11		
<b>Nordseter</b>	Reinsvatnet rundt via Pellestova	19,3		Yes
	Nevelvann Rundt	7,9		
<b>Espedalen</b>	Breidsjøen Rundt	12		Yes
	Sprengiggen Rundt	16		
<b>Skåbu</b>	Muradalssenter	15		No
	Museterrunden	12,7		
<b>Kvamsfjellet</b>	Furusjøen Rundt	20		Yes
	Sukkertoppen	8		
<b>Venabygdsfjellet</b>	Veslefjellet rundt	12		Yes
	Trabelirunden	10		
<b>Synnfjell/ Dokka</b>	Spåtindtoppen 1414 moh	20		No
	Skjervungsrunden	8		

For more information see [lillehammer.com/cross-country](http://lillehammer.com/cross-country) ■ Easy ■ Medium ■ Experienced ■ Expert

Cross-country maps available at the Touristoffice in Lillehammer. Updated info on prepared tracks on **[www.skisporet.no](http://www.skisporet.no)**



# Magical ski trips from mountain to mountain

With Lillehammer as starting point, you can choose between several spectacular ski trips leading from one mountain to another. Creaking snow beneath your skis, the enchanting winter light, and clean, fresh air in your lungs – a ski trip in the mountain is therapy for the soul! Remember to bring hot chocolate and sandwiches, and maybe some firewood. Daily ski bus services from Lillehammer to Sjusjøen, Nordseter, Hafjell, and Skeikampen.

## Easy with the ski-bus service

The ski bus offers the opportunity to enjoy some excellent skiing from one mountain area to another, without having to pick up your car. It just requires a bit more planning. From Lillehammer, there are several departures daily to Sjusjøen, Nordseter, Hafjell, and Skeikampen.

## Recommended ski trips

### Hafjell - Nordseter/Sjusjøen - 13 km/18 km

From Lillehammer town centre, Hafjell is within easy reach with the ski bus. Take the gondola to Mosetertoppen, put on your skis, and pick up the cross-country trails. There is a slight climb up to Hafjell. Stop for a break at Pellestova before you continue across the mountain. The shortest route from Pellestova to Nordseter follows Reinsvannet by the foot of Nevelfjell. The longest trail leads via Ytre Reina. You can then continue to Sjusjøen, or ski all the way to Lillehammer town centre (29 km). Both Nordseter and Sjusjøen offer a ski bus service back to Lillehammer

### From Nordseter to Sjusjøen or Hafjell - 5 to 25 km

The bus to Nordseter departs from Lillehammer Skysstasjon at 10.00. From Nordseter, there are several trails towards Sjusjøen or Pellestova/Hafjell to choose from. Find the one that suits you best – distances range from 5 km to approx. 25 km. When you have reached your destination, return by bus from Sjusjøen Ski Arena at 14.05 or 16.05 or from Pellestova at 15.55.

Another option is the 11.20 bus from Lillehammer to Sjusjøen, and then return by bus from Nordseter or Pellestova/Hafjell.



Download the journey planner ENTUR to your mobile, check bus and train services across the country and buy tickets for your journey.



Foto: Jørgen Skaug



Foto: Esben Haakenstad



Foto: Eshen Haakenstad

## PROTECT NATURE, also when skiing!

Visit Lillehammer has status as a sustainable destination, and strives to ensure that its visitors get to experience clean and pristine nature, get to know local culture and traditions, and get to taste local specialities. The right to roam allows us the freedom to experience and make use of our countryside and wilderness. On skis, you are free to use the groomed tracks or follow your own trails. You may stop for a break as you please, but stay at a respectful distance from people's homes and cabins and show consideration for other skiers. Remember to clear up after yourself, and do not leave litter in nature! You may light a fire when out and about, but use dead branches only for firewood and take care not to damage the trees. Respect the wildlife.



Foto: Eshen Haakenstad

# "Travel green" when skiing

At Norway's largest winter resort, we would like to preserve the high-quality air you are here to experience. If more people use bus instead of driving to the mountain in their private cars, emissions will be reduced and there will be cleaner air for all.

## Ski trip with coffee break in Lillehammer

If you are based at Sjusjøen, Nordseter or Hafjell, skiing to Lillehammer town centre is a pleasant and child-friendly trip (slightly further from Hafjell). Visit a café in the welcoming Storgata pedestrian street, and return by bus in the afternoon.

## Motivating ski trip for children - Sjusjøen to Lillehammer town centre - 16 km

Take the ski bus to Sjusjøen, and follow a motivating and fun ski trail with plenty of downhill sections back to Lillehammer town centre. The trip follows the Birkebeiner trail, and is suitable for children aged 7 and up (depending on ski experience). This is the same route as the one used for the children's Birkebeiner race. Starting point is Sjusjøen Ski Arena, and you will follow the Birkebeiner trail for approx. 14 km to Birkebeineren Ski Stadium. Stop for a break at "Skjervald's cabin" (from the Birkebeiner film) and enjoy the view before you zoom down the first downhill section to Sjusjøen. Through this gentle terrain, there several long slopes on the way to Birkebeineren Ski Stadium. Snow conditions permitting, you can continue all the way to Lillehammer town centre. If you opt to stop at the ski stadium, it is possible to return by bus.

## High-mountain trip with a view - Skeikampen rundt - 13 km

If you are looking for a high-mountain skiing experience, then "Skeikampen rundt" is a spectacular - yet not too challenging - round-trip. It is suitable for children, and features numerous fun slopes. Excellent trip in either direction. Both end with a downhill section, but clockwise offers the easiest slopes.

Starting in the forest, the route will take you up into the mountain and back again - with spectacular views along the way. From Skitorget, follow the cross-country ski trail "Skeikampen rundt". Climb uphill until you reach the trail junction in Torsdalsleitet. At this junction, continue straight ahead and enjoy the downhill slope all the way down to the starting point - where waffles and coffee are waiting in the ambient Skeisua mountain-farm café or Nystua café. The trip should not be attempted in high winds or adverse weather conditions.

Take the ski bus from Lillehammer to Skeikampen at 9.15 or 10.15, and return from Skeikampen at 15.40 (weekdays) or 16.40.



Download the journey planner ENTUR to your mobile, check bus and train services across the country and buy tickets for your journey.



# Europe's best skiing experiences

A proper “ski expedition” across vast expanses dressed in white. Do you dream of exploring high mountains, pristine plateaus, and birch-tree forests – all in their winter splendour, and all in one exciting trip? Combined with overnight stays at traditional hotels or mountain lodges? As you reach your destination for the day, you are served a delicious dinner before you turn in for a good night's sleep. The next morning, a new leg of your winter adventure awaits.



Foto: Erlend Husom/Nasjonalparkriket

## Peer Gynt Trail, from Espedalen to Skeikampen (87 km)

Do you fancy a skiing experience through a beautiful cultural landscape on the western side of Gudbrandsdalen, with fantastic views of the national parks Jotunheimen, Rondane and Dovrefjell? - Then the Peer Gynt Trail may be the one for you!

- The trail leads through Espedalen via Fefor, Gålå, and Kvittfjell to Skeikampen.
- The daily legs are relatively short (14-22 km) and follow gentle mountain terrain, and offer many opportunities for interesting detours
- The entire Peer Gynt Trail is groomed regularly, and standard cross-country skis can be used.
- The trail is suitable for most people who have some cross-country skiing experience.

This trip is also an excellent option for families looking for a slightly challenging, but still a pleasant skiing experience. The entire trail is way-marked with YELLOW on posts and markers. It also offers the added reassurance of leading past mountain lodges and hotels along the way.

## The Troll Trail from Høvringen to Lillehammer (170 km)

Does cross-country skiing across snowclad mountain ranges, where you conquer miles of ski trails in a diverse landscape and stay at traditional hotels or mountain lodges, sound tempting?

- Then the Troll Trail from Rondane and Høvringen to Lillehammer would be the ideal choice for you!
- Through the majestic Rondane National Park in the north, and via a gentler mountain terrain to the Olympic city of Lillehammer in the south.
- 7-day trip with daily legs of 22-38 km.
- Best suited for experienced skiers with a good fitness level.
- The trail is normally way-marked from 15 February until Easter.
- Along the stretch Kvamsfjellet - Venabygdsfjellet, you should expect having to make your own tracks.
- The trail is only partially groomed, and touring skis with metal edges are recommended.

The entire Troll Trail is registered on Skisporet.no – a service providing real-time data on track grooming. This site will keep you up-to-date on when the trails were last groomed, and on the length and altitude of the trip. Remember to always carry a map and compass in the outdoors!

## Do you want help organizing accommodation, dining and luggage transport?

If you buy a self-guided tour from Discover Norway, where accommodation, food, and luggage transport is pre-arranged and included in the price.

We bring your luggage from hotel to hotel so that you can enjoy the skiing without a heavy backpack. This trip is not a guided tour. Maps and route descriptions will be sent to you before departure.

Please see on the website for more information:

**For Trolloypa:** [www.discover-norway.no/skitouring/troll-trail](http://www.discover-norway.no/skitouring/troll-trail)

**For Peer Gynt Løypa:** [www.discover-norway.no/skitouring/peer-gynt](http://www.discover-norway.no/skitouring/peer-gynt)

# GUIDED SKI TOURS

Ski trips from destination to destination - with luggage transport! **Discover Norway, Tel: 91 72 52 00, [www.discover-norway.no](http://www.discover-norway.no)**

Ski trips with guide are available at Venabygdsfjellet mountain on a weekly basis throughout winter, both on and off groomed trail-network. **Venabu Fjellhotel, Tel: 61 29 32 00 [www.venabu.no](http://www.venabu.no), Spidsbergseter Resort Rondane, Tel: 61 28 40 00, [www.spidsbergseter.no](http://www.spidsbergseter.no)**

Guided cross-country tours, snowshoe tours for groups on request from Nordseter, Sjusjøen and Hafjell. We guarantee you a great trip experience. Also ski school, ski trip and ski lessons. **Nordseter Fjellpark, Tel: (+47) 99 43 70 00, online booking: [www.nordseter.no](http://www.nordseter.no)**

A skiing adventure through enchanting birch forests leading up to the bare mountain with its wide plateaus and spectacular views of Rondane, Huldreheimen, and Jotunheimen. **Skåbu Fjellhotell, Tel: 61 29 55 86/61 29 55 00, [www.skabufjellhotell.no](http://www.skabufjellhotell.no)**

We walk together in the beautiful scenery and enjoy a ski trip together. The guide shows the way and tells about the area here at Gålå. **Gålå Alpin, Tel: 48 10 02 40, [www.gala-alpin.no](http://www.gala-alpin.no)**














Foto: Erlend Husom/Nasjonalparkriket



Foto: Gisle Johnsen, Alpinco

## SKI SCHOOL

Location	Telephone	Activity
Hafjell Skiskole	61 27 47 77	
Skiskole Kvittfjell	61 28 36 17	
Sjusjøen Skiskole	45 28 92 68	
Skiskole Skeikampen	61 22 08 72	
Gålå Alpin	48 10 02 40	
Spidsbergseter skisenter	61 28 40 00	
Nordseter Fjellpark, Aktiv I Natur	99 43 70 00	
Dalseter Høyfjellshotell/Ruten Fjellstue	61 29 99 10/61 29 73 20	
Venabu Fjellhotell	61 29 32 00	
Hotel Rondablikk	61 29 49 40	
Spåtind Skisenter	98 41 80 52	

## SKI RENTAL

Location	Telephone	Activity
Hafjell Skiutleie	61 27 51 51	
Skibua Hafjell Skiutleie AS	61 99 04 93	
Skiutleie Kvittfjell	61 28 36 17	
Sjusjøen Skisenter	45 28 92 68	
Skeikampen Alpinsenter	61 22 08 72	
Gudbrandsdal Leirskole Fagerhøy	61 28 18 00	
Gålå Alpin	48 10 02 40	
Nordseter Fjellpark	99 43 70 00	
Spidsbergseter skisenter	61 28 40 00	
Strand Fjellstue	61 28 57 20	
Dalseter Høyfjellshotell/Ruten Fjellstue	61 29 99 10/61 29 73 20	
Venabu Fjellhotell	61 29 32 00	
Hotel Rondablikk	61 29 49 40	
Spåtind Skisenter	98 41 80 52	





# Activities

There is no reason to get bored. Lillehammer and Gudbrandsdalen are ideal for adults as well as children. A wide range of adventures and attractions are available, whether you are looking for an adrenaline rush, somewhere for the children to play freely, or a place to enjoy the outdoors.



## 1 Hunderfossen Winterpark



Hunderfossen Winterpark A perfect family evening out with trolls, fairy-tales, snow and ice. Horse and sleigh rides, snow slides, mini snowmobiles, a ball room made of ice, dogdams and firework display. Snow and ice sculptures created by Norway's only professional ice sculptor - tress, Elisabeth Kristensen, a spectacular ice bar, a wonderful ice cathedral and a true snow hotel. Norwegian trolls and traditional fairytales in Ivo Caprinis Fairytale Grotto and Castle. Trollfallet with its scary trolls will get your adrenaline pumping. Live entertainment and spectacular fireworks every night.

**Opening hours:** 7-8/2, 14-15/2, 18-22/2, 26/2-29/2 Open kl. 18.00-20.30  
**Prices:** Over 120 cm: Kr. 269,- (entrance), (online: 255,- on a locked date), 90-120 cm: Kr. 199,- (entrance), (online: 189,- on a locked date), Under 90 cm: Free  
**Address:** Fossekroevgen 22, 2625 Lillehammer  
**Tel:** 61 27 55 30, [www.hunderfossen.no](http://www.hunderfossen.no)



Foto: Hunderfossen Winterpark/Friederick Khle

## 2 Sjusjøen Husky Tours

Try dog sledding with friendly Alaskan Huskies through the stunning mountain landscape at Sjusjøen, an amazing experience interacting with animals. All guests older than 13 years old may control the sled with 6-8 dogs. Instructions will be given beforehand and our guide will join in a leading sled. Our tours are 6, 15 or 30 km. After touring you will make your own popular bread twists on the fire and enjoy warm drinks in our warm lavvu. We are situated 2 hrs from Oslo and 30 mins from Lillehammer.

**Opening hours:** Wed, Thu, Sat and Sun + other days on request  
**Prices:** 6 km: Adults kr 650,-, children 7-12 kr 350,- Age under 7, free. 15 km: Adults kr 1200,- children kr 800,- 30 km: Adults kr 2200,-  
**Address:** Finnøla, 2612 Sjusjøen,  
**Tel:** +47 94 84 62 70, [www.sjusjoenhuskytours.no](http://www.sjusjoenhuskytours.no)  
**Other providers:** Spidsbergseter Resort Rondane, Tel: 61 28 40 00, Gålå Event, Tel: 99 12 42 39, GoRafting Tel: 61 23 50 00.



Foto: Visual Spectrum

## 3 Tobogganing



Try a really fun winter activity - tobogganing. Attach your toboggan directly to the lift. And enjoy being pulled up to the top before zooming down the prepared track. The toboggans have breaks. Everyone is equipped with helmet and goggles.

**Olympiaparken, Kanthaugen Freestyleanlegg**  
**Opening hours and prices:** [www.olympiaparken.no](http://www.olympiaparken.no)  
**Address:** Birkebeinervegen, 2618 Lillehammer, **Tel:** 61 05 42 00  
**www.olympiaparken.no**

**Skeikampen Alpinercenter**  
**Opening hours and prices:** Booking requested, **Address:** Sanatorievegen 25A, 2652 Svingvoll, **Tel:** 61 22 08 72, [www.skeikampen.no/aktiviteter](http://www.skeikampen.no/aktiviteter)

**Gålå Alpin**  
**Opening hours and prices:** [www.gala-alpin.no](http://www.gala-alpin.no)  
**Address:** Børkdalsveien, 2646 Gålå, **Tel:** 48 10 02 40, [www.gala-alpin.no](http://www.gala-alpin.no)



Foto: Øystein Nordås

## 4 Jorekstad Leisure Pool



Welcome to our indoor and outdoor aqua park. We are located seven kilometres from Lillehammer city centre and eight kilometres from Hunderfossen adventure park. We have several pools, saunas and a wibit track for kids (in use during the school holidays). You can also stay overnight or longer at Jorekstad. We have cozy cabins with modern facilities that we rent out for shorter or longer periods.

**Opening hours:** Mon-Fri 13.00-21.00, Sat-Sun 10.00-18.00.  
 Early morning swimming: Tue and Fri 06.00-08.00  
**Prices:** Adults NOK 144,- Youth/student NOK 127,-, Children/seniors NOK 122,-  
**Address:** Jørstadmoengen 690, Fåberg.  
**Tel:** (+47) 61 05 70 60  
**www.jorekstad.no**



Foto: Vegard Breile

## 5 Fron Leisure Pool



A 25m swimming pool with 6 lanes, starting blocks and turning boards. A 12,5m therapy pool with wheelchair ramp. 5 lanes. Water temperature at a constant 32°C. A diving pool - 1m springboard and 3m diving board. A climbing wall - 3,75m height. A children's pool with 48m water slide, children's slide, countercurrent facilities and "cave". Steam room and sauna. Ice shower for the brave. Jacuzzi - for up to 8 people.

**Opening hours:** [www.fronbadeland.no](http://www.fronbadeland.no)  
**Prices:** adult kr 120, child kr 90, 2 adults + 2 children kr 336,-  
**Address:** Glasmestermoen 10, 2647 Sør-Fron  
**Tel:** (+47) 61 29 69 90  
**www.fronbadeland.no**



Foto: Fron Badeland

## 6 Karlsvogna Leisure Pool



This is a unique wellness area with steam bath, whirlpool, several saunas, a countercurrent, climbing wall, waterfall and more. The weather in the mountains isn't always nice and even the outdoor loving Norwegians sometimes have to realize that the weather doesn't suit outdoor activities. Therefore we will make sure your stay is pleasant inside the hotel!

**Opening hours:** [www.fronbadeland.no](http://www.fronbadeland.no)  
**Prices:** Children 0-3 years: free when using a swimming diaper. Children 4-14 years: 80,- Adults: 140,-  
**Address:** Glasmestermoen 10, 2647 Sør-Fron  
**Tel:** (+47) 61 29 69 90  
**www.fronbadeland.no**



Foto: Per Råde

## 7 Lekeland Hafjell - play center



Lekeland Hafjell is the only indoor play center in the Lillehammer region for children aged 0 to 12, boasting a play area of some 900 sq m. Slides, obstacle courses, ball pools and a haunted room are just some of the activities children can enjoy. They can discover and explore the ghost room, and hit the target in the ballshooting area. Designated areas suitable for children aged 0-3 and 2-4 are available. While children climb, jump, slide and hide themselves - the adults can enjoy a cup of coffee, surf the net or reading newspapers and magazines in the cafe area.

**Opening hours:**  
 Thursday and Friday: 13.00-18.00, Saturday and Sunday: 11.00-13.00  
**Prices:** [www.lekeland.no](http://www.lekeland.no)  
**Address:** Hundervegen 39, 2636 Øyer  
**Tel:** 61 28 55 00  
**www.lekeland.no**



Foto: Lekeland Hafjell

## 8 Lillehammer Sliding Centre



Are you ready for an adrenalin-filled experience? As the only bobsleigh run in Scandinavia, the Lillehammer Olympic Sliding Centre offers activities for speed-lovers in a real Olympic track. Here you can have a ride with the bobsraft, a fun rubber bobsleigh which seats 5-6 passengers and speeds of up to 100 km/hr. Age limit is 10 years if accompanied by an adult, 12 to ride alone. For the toughest we offer taxibob/4-man bobsleigh. This is a real competition bobsled which seats 3 passengers plus pilot. It takes you down the icy track at speeds of up to 120 km/hr, making you feel the pressure of 5g on your body. Helmets and safety instructions is provided before setting off. Age limit 16 years.

**Opening hours and prices:** [olympiaparken.no/en/winter-activities/](http://olympiaparken.no/en/winter-activities/)  
**Address:** Hunderfossvegen 680, 2625 Fåberg  
**Tel:** (+47) 61 27 55 30  
**www.olympiaparken.no**



Foto: Esben Haakenstad

## 9 Tyrili Climbing Centre



Welcome to one of Norway's most amazing climbing centres. Located in downtown Lillehammer, our climbing centre offers vertical experiences for all ages. The centre houses walls for junior climbers, bouldering, 15 m high climbing walls, auto belays. If you just want to try out climbing for the first time, our instructors will be happy to assist. The climbing centre houses a small shop where you can buy climbing clothing and equipment, and a chance to sit down and enjoy a cup of coffee.

**Opening hours and prices:** [www.tyiriliklatring.no](http://www.tyiriliklatring.no)  
**Address:** Anders Johansens veg 10, 2615 Lillehammer  
**Tel:** (+47) 47 47 40 03  
**[www.tyiriliklatring.no](http://www.tyiriliklatring.no)**



## 10 Perfect Escape



Perfect Escape is fun cooperative games for 2-6 persons. The games take place in custom designed rooms in downtown Lillehammer, where you have 60 minutes to solve the games mission and reveal the room's enigmatic secrets by exploring, find clues, keys and hidden rooms. Everything you need to solve the mysteries is either in the room or hopefully in your heads.

**Opening hours:** Wed-Fri 15:30-19:30, Sat 12:30-20:00  
**Prices:** Adults 350,- Students 300,- Children 250,-  
**Address:** Fåberggata 115, Lillehammer 2615  
**Tel:** (+47) 94 11 33 33  
**<http://perfectescape.no/lillehammer/>**



## 11 Snowshoeing

Guided Snowshoeing can certainly be recommended when the skis need a break. The trips go in and outside the prepared tracks where you will get the good feel - ing of being in an unspoiled scenery where you will get close to animal tracks and unique nature. Organized snowshoeing tours are available in the Lillehammer region.

### Booking:

**Venabu Fjellhotell:** Tel. 61 29 32 00, **GoRafting** (Heidal, Fefor, Murudalen): Tel. 61 23 50 00, **Lillehammer Fjellstue og Hytter:** Tel. 61 26 41 00, **Nordseter Fjellpark:** Aktiv i Natur, Tel: 99 43 70 00, **Dalseter Høyfjellshotell:** Tel: 61 29 99 10, **Ruten Fjellstue:** Tel: 61 29 73 20, **Spidsbergseter Resort Rondane:** Tel: 61 28 40 00, **Pellestova Hotell:** Tel: 61 27 45 00, **Strand Fjellstue:** Tel: 61 28 57 20, **Skåbu Fjellhotell:** Tel: 61 29 55 00, **Gålå Alpin:** Tel. 48 10 02 40, **Skeikampen Alpiner:** Tel: 61 22 08 72, **Team Kreaktiv:** Tel. 45 47 90 40.



Foto: Esben Haakenstad

## 12 Horse Sleigh Rides

Experience steaming horses and bells while you are wrapped in reindeer skins and blankets. You can experience Horse sleigh rides several places in Lillehammer and the valley of Gudbrandsdalen.

### Booking:

**Åsli Ridesenter:** Tel. 90 06 64 99, **Venabu Fjellhotell:** Tel. 61 29 32 00, **Gålå Event:** Tel. 99 12 42 39, **Hotel Rondablikk:** Tel. 61 29 49 40, **Spidsbergseter Resort Rondane:** Tel. 61 28 40 00, **Hunderfossen Hotell & Resort:** Tel. 61 27 40 00, **Skåbu Fjellhotell:** Tel. 61 29 55 00, **Skeikampen Alpiner:** Tel. 61 22 08 72



Foto: Bård Gundersen

## 13 Curling



Curling is a popular activity for groups and businesses that want a happening for their employees. At all levels curling gives a quick sense of coping. Not least, interaction and cooperation between players is the most important thing to succeed in the game. Curling can simply be called the ultimate team sport. We recommend to be a group of 8 to 10 people.

**Lillehammer Curlingklubb**  
**Opening hours:** Booking on request  
**Address:** Nordseterveien 43, 2618 Lillehammer  
**Tel:** 47 63 90 93  
**[www.lillehammercurling.com](http://www.lillehammercurling.com)**



Foto: Anne Erda Kjettersen

More than 140 kms of marked & prepared trails in varied mountain terrain  
 Cross country ski guiding

Healthy & tasty food

Dog sledding  
 Horse sled rides

# VENABU fjellhotell

[www.venabu.no](http://www.venabu.no) ☎ tlf: +4761293200 ✉ [venabu@venabu.no/en](mailto:venabu@venabu.no/en)

Rondevegen 860, 2632 Venabygd, Norway







## Cultural experiences

Explore and learn more about Norwegian culture, history, and food traditions on your journey. In Lillehammer and Gudbrandsdalen, you get a unique insight into Norwegian culture and way of life - with authentic stories and local food combined with spectacular nature.

## 14 Maihaugen Open-Air Museum

Maihaugen has more than 200 historic houses from as far back as the 13th Century and until today. Located in idyllic surroundings you can take a journey back in time from the Medieval age to more modern days in the 1900's. Take a peak through several open doors of the historic houses and get a glimpse of how life was in the old days. Get into Christmas mood when you visit the traditional Christmas Market the first weekend of December. Great exhibitions, shop and café.

**Opening hours:** See web pages

**Prices:** See web pages

**Address:** Maihaugveien 1, 2609 Lillehammer

**Tlf.:** +47 61 28 89 00

**www.maihaugen.no**



Foto: Steen Gundersen, Narvik

## 15 Norwegian Olympic Museum

The Norwegian Olympic museum at Maihaugen takes you on a journey back in time, from the ancient Olympic games in Greece to the modern Olympics today. Norway has participated since Paris 1900 and the nation has arranged two winter Olympic games and one youth Olympics. The Winter Olympics that took place in Lillehammer in 1994 and Oslo in 1952 play a central role in the museum. There is lot to experience and see, from medals and other original objects, a biathlon simulator, and movies that prolong the golden moments and bring out the goosebumps. Be impressed by unforgettable Olympic moments!

**Opening hours:** See web pages

**Prices:** See web pages

**Address:** Maihaugveien 1, 2609 Lillehammer, **Tel.:** +47 61 28 89 00

**www.ol.museum.no**



Foto: Ian Brodie

## 16 Norwegian Road Museum

The Norwegian Public Road Museum is one of Norway's largest and most visited technical-industrial museums. In the summer of 2019, the museum opened its new exhibition for vehicle history. At the Norwegian Public Road Museum you get exciting experiences for the whole family. Take a journey through the history of the road in the exhibition "Tida og Vegen" (Time and the Road). Join the heart of the museum in the anniversary exhibition "DRIFT" (Operation) and experience hidden treasures and secret rooms. Experience machines, vehicles and activities in a large open-air museum. For full program and event calendar see our facebook pages.

**Opening hours:** 1 October - 30 April: 10 am - 3 pm (Tuesday - Sunday)

◦ Closed 23 - 26, 31 December and 1 January

**Prices:** Free

**Address:** Hunderfossvegen 757, 2625 Fåberg, **Tel.:** (+47) 61 28 52 50

**www.vegmuseum.no**



## 17 Norwegian Vehicle Museum

The museum is located at the Norwegian Public Road museum and tells the story of how vehicles such as cars, bikes, motorcycles and mopeds have been used in Norway for the last 125 years. The exhibition will both delight and surprise, and provides insight to Norwegian vehicle production. A unique collection of 150 vehicles will fill the 2,000 square meters exhibition hall that opened in June 2019.

**Opening hours:** 1 October - 30 April: 10 am - 3 pm (Tuesday - Sunday)

◦ Closed 23 - 26, 31 December and 1 January

**Prices:** Free

**Address:** Hunderfossvegen 757, 2625 Fåberg

**Tel.:** (+47) 61 28 52 50

**www.vegmuseum.no**



## 18 Lillehammer Art Museum

Lillehammer Art Museum is one of the leading of its kind in the country, and boasts a large collection of works from Norwegian art history. This winter the entire museum is the scene of a comprehensive and innovative presentation of the collection, including over 300 works ranging from the era of Romanticism to the present day in the exhibition "Have we met before?" Visit our website to discover more. Two of the distinctive museum buildings have been designed by Snøhetta architects, and are attractions in their own right.

**Opening hours:** Tue-Sun 11:00-16:00, Thu 11:00-20:00

**Prices:** See [www.lillehammerartmuseum.com](http://www.lillehammerartmuseum.com)

**Address:** Stortorget 2, 2609 Lillehammer

**Tel.:** +47 61 05 44 60

**www.lillehammerartmuseum.com**



Foto: Hilde Paulsen

## 19 Galleri Zink

Gallery Zink presents visual art and handcraft of high quality and diverse artistic expression. Temporary exhibitions as well as commissioned contemporary art by artists from all over the country.

**Opening hours:** Tuesday-Friday: 1200-1700, Saturday 1100-1500,

Sunday 1300-1600

**Address:** Storgata 49, 2609 Lillehammer

**Tel.:** (+47) 48 19 23 03,

**www.gallerizink.no**



Utsnitt: «Veien» av Arne Risan, på Williamsen

## 20 Dale-Gudbrands Gard

Dale-Gudbrands Gard sits on the foundations of settlements dating back thousands of years, and is fully protected. The heritage farm comprises 6 buildings, featuring 16 hotel rooms and several function halls, and is also home to Gudbrandsdalsmusea regional museum and the Pilgrim Centre. A number of burial mounds can be found in its grounds, and in 2021 it will play a key role in the 1000th anniversary of the Christianisation of Gudbrandsdalen. The farm was first mentioned in writing in Snorre's sagas around AD 1200. Today, guests are welcome to Dale-Gudbrands gard by the Frich family.

**Address:** Hundorpgeilen 12, 2647 Sør-Fron

**Tel.:** 91 15 89 38/90 09 88 87

**www.dale-gudbrandsgard.no**



## 21 Sygard Grytting

Old manor farm typical of Gudbrandsdalen with rare intact courtyard and interiors. Beautiful view. The Grytting Family has welcomed travellers since the Middle Ages. The 16th generation offers a guided tour in the houses in combination with accommodation and/or dinner. The buildings dating from 1300-1850. Opening hours: Reservation is required

**Opening hours:** Reservation is required

**Address:** Kongsvegen 999, 2647 Sør-Fron

**Tel.:** 61 29 85 88/91 30 67 50

**www.grytting.com**





## 22 Rudi Gard

In the barn the smell of dried grass and above us looms a solid framework of rough timber. Revue Artists, musicians artists challenge beams and eardrums. Rudi Gard offers concerts, comedy, theater, exhibitions and refreshments. The farm is in full operation, in a lovely landscape with many cultural sites. Fjostrevet, the main stage, has a capacity for 450 persons in intimate atmosphere.

**Address:** 2647 Sør-Fron  
**Tel:** 91 38 53 88  
**www.rudigard.no**



Foto: Thor Ivan Balne

## 23 Nermo Hotel

Nermo is a family run hotel. For nearly 150 years travellers have sought out the hotel. Johannes Nermo, fifth generation, along with his wife Susan is now running the hotel. Royalty, heads of state, leading groups and families appreciate Nermo's hospitality. With 31 unique rooms, 53 apartments, ski in & out to Hafjell and close to Lillehammer, Nermo is a good place to stay. Nermo is also known for its homemade food with ingredients from local farmers. Member of Historic hotels & Restaurants

**Address:** Nermosvegen 56, 2636 Øyer  
**Tel:** 61 27 55 80  
**www.nermohotell.no**



## 24 Aquavitfjøset

This is the original goat barn from the 1850s. The smell is gone but the traditions and stories remain in the walls. In the bar we serve numerous kinds of this noble drink, over one hundred of them. Inside the "barn" you will be brought on a journey into the world of Aquavit and also get to know the history of the old summer mountain farm better. Opening hours: The barn is open minimum 1 hour during the weekned and otherwise on request for groups.

**Opening hours:** The barn is open minimum 1 hour during the weekend and otherwise on request for groups.

**Prices:** No entry fee, you only pay for what you drink.

**Address:** Flaksjøvegen 82, 2632 Venabygd

**Tel. 61 28 40 00**  
**www.spidsbergseter.no**



Foto: Jan Brodte



Foto: Jan Brodte

ETABL. 2014

# Heim

GASTROPUB

**OPENING HOURS:**  
MON-THU: 15-24, FRI: 15-03  
SAT: 12-03, SUN: 13-21

## Velkommen Heim!

heim.no | Storgata 84 | 2609 Lillehammer

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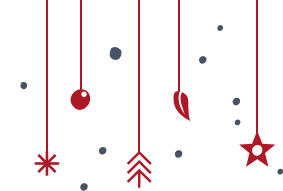
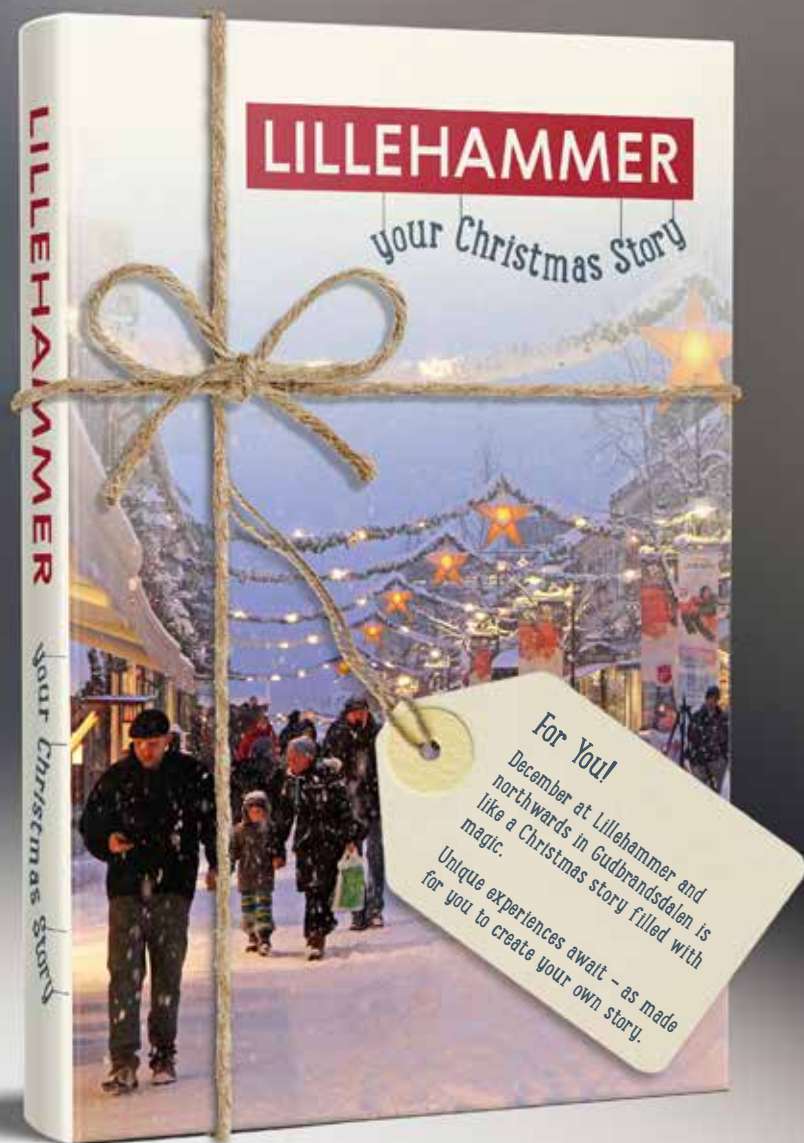





# Cross-country skiing paradise

Hotel | Restaurant | Café





Chapter one of the Christmas story may be a family outing to the market at Maihaugen. Stroll between ancient notch-log walls, and embrace the ambiance of centuries-old festive traditions.

Another chapter is Christmas gift shopping in Lillehammer's unique pedestrian street.

The old wooden buildings radiate a warm, urban feel, and behind beautifully lit and decorated shopfronts there is plenty of Christmas spirit – along with moments of family joy in cosy cafés. Such a story should be seasoned with a dose of excitement. Gudbrandsdalen, the valley of fairytales, offers a plethora of experiences perfect for the adventurous. A twilight-hour snowshoe walk, dog sledding across snow-clad hills, or skiing along endless trails and down thrilling slopes – the choice is yours.

**Welcome to Lillehammer, Gudbrandsdalen, and your Christmas story!**  
[www.lillehammer.com/christmas](http://www.lillehammer.com/christmas)





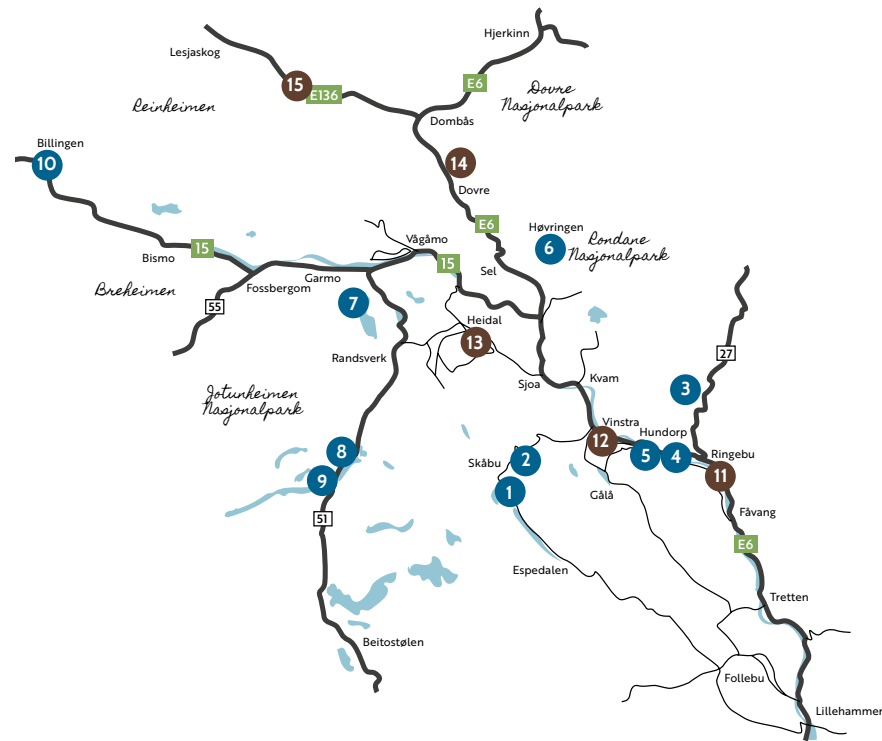
Foto: Cathrine Dokken



**MATRUTE**   
Gudbrandsdal

Join us on a journey through Gudbrandsdalen  
- a journey in traditions and exciting flavours .

Taste the valley!



## Handmade localfood with flavours of Gudbrandsdalen

### RESTAURANTS

1. Ruten Fjellstue
2. Skåbu Fjellhotell
3. Venabu Fjellhotell
4. Rudi Gard (food og concerts)
5. Sygard Grytting Gardshotell
6. Putten Seter
7. Brimi Sæter
8. Bessheim Fjellstue
9. Gjendesheim Turisthytte
10. Billingen Seterpensjonat

### LOCAL FOOD PRODUCERS

11. Annis Pølsemakeri
12. Øyens Hjemmebakeri
13. Heidal Ysteri
14. Hubertus bryggeri
15. Avdemsbue (ost)



# Blå SWIX BUTIKKEN

## Concept Store

### ÅPNINGSTIDER / OPENING HOURS

Mandag-onsdag / Monday-Wednesday 10 - 17

Torsdag-fredag / Thursday-Friday 10 - 20

Lørdag / Saturday 10 - 16

I tillegg til alt av skivoks, staver og preppeutstyr fra SWIX og TOKO, tekstiler fra SWIX, Ulvang og Lundhags, telt/soveposer fra Helsport har vi egen Outlet, museum og smørebø.

*We carry a large variety of poles, ski waxes and waxing tools from SWIX and TOKO, SWIX, Ulvang and Lundhags apparel, and tents/sleeping bags from Helsport. We also have an Outlet and museum.*

### BELIGGENHET / LOCATION

Blåswixvegen 5, 2624 Lillehammer.



## TOPPEN SKYBAR

### OPENING HOURS

MONDAY - THURSDAY: 20.00 - 01.00

FRIDAY - SATURDAY: 20.00 - 02.00

SUNDAY, WE REST.

[mollahotell.no/toppen-bar/](http://mollahotell.no/toppen-bar/)



## TYRILI KLATRING

### Climbing for the entire family!

Suitable challenges for all ages and skill levels.  
Downtown Lillehammer.



[tyriliklatring.no](http://tyriliklatring.no)



### To the top!

Try our automatic belay machines,  
and see what the world looks like from the top.



**Shop, enjoy, eat, sleep...**





## 25 Lillehammer City Center

Lillehammer's charming shopping precinct comprises 75 outlets and 20 cafés & restaurants! Furthermore, the city can offer 2 galleries, 7 hotels, hair salons, pharmacies, banks and other services! In Søndre Park, a popular green oasis, you'll find a charming café open daily. Do not miss the beautiful Mesna river. Lillehammer was granted town status as early as 1842.

Opening hours: Mon-Sat 09.00-18.00

Lillehammer Sentrum Drift AS, Sigrundsetsplass, Storgata 49, 2609 Lillehammer, Tel: +47 61 05 77 80, [www.lillehammersentrum.no](http://www.lillehammersentrum.no)



Foto: Espen Høkanstad

## 26 Village of Ringeby

The charming village Ringeby has a big selection of special shops and a well-coming pedestrian zone. In 2011 Ringeby was awarded with the "Bymiljø-prisen" (the prize for the most welcoming and cozy city) with competition from sixteen other places and cities in Norway. «Landsbygalleriet Ringeby» is an outdoor photo gallery in Ringeby village, accessible to visitors all year round. The pictures are taken by local photographers, as well as one guest photographer, all from the age of 15 to 75. The pictures are located on selected houses around the central area of Ringeby village, and the motives are changed four times a year. This makes the gallery a dynamic attraction for all visitors.

Opening Hours: Mon-Fri 09.00-17.00, Sat 09.00-15.00 [www.ringeby.com](http://www.ringeby.com)



Foto: Ringeby Kommune

## 27 Vinstra

Vinstra is a rural town in the heart of Gudbrandsdalen. It has two welcoming shopping centres, and also a shopping street, Nedregate, with the railway station, council building, and the green oases Stasjonsparken and Palmerhagen nearby. The town is surrounded by beautiful villages, and offers easy access to outdoor adventures. River Gudbrandsdalslågen, which with its 204 kilometres is one of the country's longest watercourses, flows straight through the town centre. The area is famous for its Peer Gynt Festival, and in its wake Vinstra has flourished as a cultural scene.



## 28 Village of Dokka

Dokka is a vibrant village with winter & Christmas markets, Village Fete, and other rural events. Dokka Camping has been voted Norway's best camp site for two years in a row, and is a popular venue for dance events and concerts during the summer season. Shopping in Dokka is an enjoyable experience, and the village is renowned for its excellent personal service and friendly people. In summer, it is possible to rent a velocipede car and ride along the Valdres line to the Dokka Delta National Wetlands Centre and Nature Reserve. Lands Museum, providing insights into the cultural and natural history of the area, is within walking distance of the village centre.



## 29 MENT

The porcelain manufacturer MENT can be found 10 minutes north of Lillehammer. It is the main tableware supplier to the underwater restaurant UNDER for 2019, and its design has attracted national as well as international interest. Every week, doors open to 400 sq m of production history, innovative design, and a stunning spectrum of colours in the old ski factory at Fåberg.

Opening hours: Fridays 10-17, Saturdays 10-15. In December until Christmas open on Sundays 12-15. 10. and 17 of December 14-21  
Address: Elvefaret 16, 2625 Fåberg  
Tel. 909 32 860, [www.ment.no](http://www.ment.no)



## 30 Strandtorget

Strandtorget Shopping Centre offers shopping from dawn to dusk! Strandtorget can boast 65 shops, café and restaurant - all under one roof. 1000 free parking spaces and +20°C all year round. 15 minutes walk from the centre of Lillehammer. Let yourself be tempted by the varied selection of shops and many great deals! Opening hours: Mon-Fri 09.00-20.00, Sat 09.00-18.00

Address: Strandpromenaden 85, 2609 Lillehammer, Tel: +47 61 25 15 50  
[www.strandtorget.no](http://www.strandtorget.no)



## 31 Fabrikken

Fabrikken, a former furniture factory in central Lillehammer, is a centre for the arts, culture and creative industries. Fabrikken contains 30 small businesses offering glass art, visual art, interior design, clothes and more. Ideal for anyone looking to enjoy and purchase art and handcraft in a unique environment.

Opening hours: Mon - Fri 10.00 - 16.30, Sat 12.00 - 15.00, Prices: Free  
Address: Løkkegata 9, Tel: +47 400 01 989, [www.fabrikken.org](http://www.fabrikken.org)



## 32 Hett Glass

Hett Glass is situated at Fabrikken with studio and a Little glass-store. The studio was started in 2009 and are now run by Ellen Larsson and Kari Mølsted. We make functional glass and unique artpieces. In the hotshop you can watch the process from fluid glass to finished product.

Opening hours: Mon-Fri kl. 10.00-16.30, Sat kl. 12.00-15.00 Sun 1, 8, 15 and 22. December open 12-15, Address: Fabrikken, Løkkegata 9, 2615 Lillehammer, Tel. +47 41 22 98 95, [www.hett.no](http://www.hett.no)



## 33 Blåswixbutikken Concept Store

Welcome to our activity shop! Here you will find a waxing cabin, museum, coffee shop, a large variety of poles, ski waxes and waxing tools from Swix and Toko. Swix, Ulvang and Lundhags apparel, team collections from Original and our Outlet. How to find us: By bus #211 Lillehammer Skystasjon - Segalstad Bru/ Svingvoll/Skeikampen. Bus stop "Hovearmen". By car: E6 exit #83 to Gausdal, Highway 255.

Opening hours: Monday-Wednesday 10:00-17:00, Thursday-Friday 10:00-20:00, Saturday 10:00-16:00, Address: Blåswixvegen 5, 2624 Lillehammer, Tel: (+47) 41 56 51 06, [www.swixsport.com](http://www.swixsport.com)



## 34 Fjellrypa sports and interior shop

Fjellrypa is the Norwegian name for mountain grouse and also an exciting sports and interior shop at Spidsbergseter Resort Rondane. You will find clothes, jewellery, interior items, souvenirs, sports items and handicraft. It's much to choose between and everything is carefully selected which makes for an exciting shopping experience.

Address: Spidsbergseter Resort Rondane, Flaksjøvegen 82, 2632 Venabygd  
Tel. 61 28 40 00, [www.spidsbergseter.no](http://www.spidsbergseter.no)



## 35 Værfast

Værfast is a business concept selling items like hiking, biking, fishing, and snowboarding gear, and features a café offering homemade uncomplicated dishes, yummy bakery products, and freshly brewed coffee. We hope that the locals, cabin owners and passers by will find their way to Værfast for a chat about gear, a good cup of coffee, or maybe some après work/après bike/après ski. Come and hang out with us!

Address: Hanstadgata 7, 2630 Ringeby, Tel. 47667353/90837273, [www.vaerfast.no](http://www.vaerfast.no)





# Food and nightlife



## LILLEHAMMER

<b>BRYGGERIKJELLEREN OG 1847 BRENNERIET</b>	www.BBLillehammer.no
Elvegata 19, 2609 Lillehammer, Tel. 61 27 06 60	
<b>FRICH`S SPISERI MAIHAUGEN</b>	www.frich.no
Maihaugveien 1, 2609 Lillehammer, Tel. 48 11 06 00	
<b>HEIM GASTROPUB</b>	www.heim.no
Storgata 84, 2609 Lillehammer, Tel. 61 25 10 15	
<b>HVELVET RESTAURANT</b>	www.hvelvet.no
Stortorget 1, 2609 Lillehammer, Tel: 907 29 100	
<b>LILLEHAMMER MIKROBRYGGERI</b>	www.lillehammermikrobryggeri.no
Elvegata 19, 2609 Lillehammer, Tel: 61 25 28 90/ 950 19 108	
<b>NIKKERS</b>	www.nikkers.no
Elvegata 18, 2609 Lillehammer, Tel. 61 24 74 30	
<b>NIKKERS SPORT</b>	www.nikkers.no
Elvegata 18, 2609 Lillehammer, Tel. 61 24 74 30	
<b>PARK CAFÉ`N</b>	www.parkafen.no
Storgata 26, 2609 Lillehammer, Tel. 61 25 08 85	
<b>PAA BORDET (CATERING)</b>	www.paabordet.no
Nordseterveien 45 (Håkons Hall), 2618 Lillehammer, Tel. 61 25 30 00	
<b>SALT &amp; PEPPER</b>	www.scandichotels.no/lillehammerhotel
Turisthotellveien 6, 2609 Lillehammer, Tel. 61 28 60 26/61 28 60 00	
<b>STASJONEN CAFÉ &amp; RESTAURANT</b>	www.stasjonen.no
Jernbanetorget 4, 2609 Lillehammer, Tel. 61 26 00 24	
<b>SWIX CAFÉ</b>	www.swix.no
Blåswixvegen 5, 2624 Lillehammer, Tel. 41 56 51 06	
<b>TELEMARKSTUNET</b>	www.telemarkstunet.no
Kantveien 135, 2618 Lillehammer, Tel. 61 26 41 41	
<b>TOPPEN SKYBAR, MØLLA HOTELL</b>	www.mollahotell.no
Elvegata 12, 9. etasje, 2609 Lillehammer, Tel. 61 05 70 80	

## NORDSETER

<b>BAKERI OG KAFÉ, NORDSETER FJELLPARK SERVICESENTER</b>	www.nordseter.no
Nordseterveien 1351, 2618 Lillehammer, Tel. 99 43 70 00	
<b>LILLEHAMMER FJELLSTUE</b>	www.lillehammerfjellstue.no
Nordsetervegen 1330, 2618 Lillehammer, Tel. 61 27 00 00	

## HAFJELL/OYER/HUNDERFOSSEN

<b>FOSSEKROA</b>	www.hunderfossenhotell.no
Fossekroveien 71, 2625 Lillehammer, Tel. 61 27 40 00	
<b>HAFJELL LODGE</b>	www.hafjelllodge.no
Sørliia 40, 2636 Øyer, Tel. 61 27 77 70	
<b>FJØSET</b>	www.facebook.com/Fjøset-149746091810756/
Hundervegen 4B, 2636 Øyer, Tel. 46 86 43 17	

## GAIASTOVA

Lundstadmyrvegen 250, 2636 Øyer, Tel. 61 28 55 50	www.gaiastova.no
<b>GLOMSTAD GJESTEHUS</b>	www.glomstadgjesteus.no
Nord-Trettenvegen 471, 2635 Tretten, Tel. 41 46 80 15	
<b>HORNSJØ HØYFJELLSHOTELL</b>	www.hornsjo.no
Hornsjøvegen 1845, 2636 Øyer, Tel. 61 26 40 64	
<b>KOS RESTAURANT</b>	www.rykreis.no
KOS Restaurant, Hafjell, 2636 Øyer, Tel. 40 00 25 02	
<b>LYSAKER GJESTGIVERI</b>	www.lysakergjestgiveri.no
Hunderfossvegen 757, 2625 Fåberg, Tel. 61 28 52 83	
<b>NERMO HOTELL</b>	www.nermohotell.no
Nermosvegen 56, 2636 Øyer, Tel. 61 27 55 80	
<b>PELLEKROA</b>	www.pellestova.no
Hafjelltoppen, Hundersætervegen 910, 2636 Øyer, Tel. 61 27 45 00	
<b>PELLESTOVA HOTELL</b>	www.pellestova.no
Hafjelltoppen, Hundersætervegen 910, 2636 Øyer, Tel. 61 27 45 00	
<b>RESTAURANT HAFJELL HOTELL</b>	www.hafjellhotell.no
Hundervegen 33, 2636 Øyer, Tel. 61 28 55 50	
<b>RYK &amp; REIS AFTERSKI &amp; BAR</b>	www.rykreis.no
Hafjell, 2636 Øyer, Tel. 92 24 00 10	
<b>SKAVLEN RESTAURANT</b>	www.hafjell.no/restaurant-afterski
Mosetertoppen, 2636 Øyer, Tel. 40 40 15 08	
<b>SMÅK RESTAURANT SCANDIC HAFJELL</b>	www.scandichotels.no/hafjell
Hundervegen 1, 2636 Øyer, Tel. 61 27 77 77	
<b>TROLLSALEN RESTAURANT</b>	www.hunderfossenhotell.no
2625 Lillehammer, Tel. 61 27 40 00	
<b>WOODY`S HAFJELL</b>	www.rykreis.no
Hundervegen 106, 2636 Øyer, Tel. 40 00 25 02	

## SKEIKAMPEN

<b>THON HOTEL SKEIKAMPEN</b>	www.thonhotels.no/skeikampen
Hotellvegen 3, 2652 Svingvoll, Tel. 61 28 50 00	

## VESTRE GAUSDAL/ESPEDALEN

<b>DALSETER HØYFJELLSHOTELL</b>	www.dalseter.no
Espedalsvegen 2346, 2658 Espedalen, Tel. 61 29 99 10	
<b>RUTEN FJELLSTUE</b>	www.ruten.no
Espedalsvegen 2418, 2658 Espedalen, Tel. 61 29 73 20	
<b>STRAND FJELLSTUE</b>	www.strand-fjellstue.no
Strandsetervegen 7, 2658 Espedalen, Tel. 61 28 57 20	

## RINGEBU

<b>VÆRFAST (OPEN ON REQUEST)</b>	www.vaerfast.no
Hanstadgata 7, 2630 Ringebu, Tel. 47667353/90837273	

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## SKÅBU

### SKÅBU FJELLHOTELL

2643 Skåbu, Tel.61 29 55 00/93 24 53 73

[www.skabufjellhotell.no](http://www.skabufjellhotell.no)



## KVITFJELL

### GUDBRANDSGARD HOTELL

Kvitfjellvegen 477, 2634 Fåvang, Tel. 61 28 48 00

[www.gudbrandsgard.no](http://www.gudbrandsgard.no)



## VENABYGDSFJELLET

### AQUAVITFJØSET

Spidsbergseter Resort Rondane, Flaksjøvegen 82, 2632 Venabygd, Tel. 61 28 40 00

[www.spidsbergseter.no](http://www.spidsbergseter.no)



### LUNDEKROA

Venabygdsfjellet, 2632 Venabygd, Tel. 61 28 40 43

[www.lundes.no](http://www.lundes.no)



### VILLREINEN KAFÈ OG BAR

Spidsbergseter Resort Rondane, Flaksjøvegen 82, 2632 Venabygd, Tel. 61 28 40 00

[www.spidsbergseter.no](http://www.spidsbergseter.no)



### VENABU FJELLHOTELL OG HYTTER

Rondevegen 860, 2632 Venabygd, Tel. 61 29 32 00

[www.venabu.no](http://www.venabu.no)



## KVAM/RONDABLIKK

### HOTELL RONDABLIKK

Rondablikkveien 1208, 2642 Kvam, Tel. 61 29 49 40

[www.rondablikk.no](http://www.rondablikk.no)



## GÅLÅ/FRON

### DALE-GUDBRANDS GARD

Hundorpgjeilen 12, 2647 Sør-Fron, Tel. 91 15 89 38

[www.dale-gudbrandsgard.no](http://www.dale-gudbrandsgard.no)



### SYGARD GRYTING

Harpefoss, 2647 Sør-Fron, Tel. 61 29 85 88

[www.grytting.com](http://www.grytting.com)



## SYNNFJELL

### SYNNFJELLPORTEN

Synnfjellvegen 1186, 2880 Nord-Torpa Tel. 90 28 06 81

[www.synnfjellporten.no](http://www.synnfjellporten.no)



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# Accommodation



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Cabins/Apartments



Camping



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Birkebeinerv. 24, 2618 Lillehammer, Tel. 61 05 00 80

www.birkebeineren.no



### CLARION COLLECTION HOTEL HAMMER

Storgata 108b, 2615 Lillehammer

www.nordicchoicehotels.no



### FIRST HOTEL BREISETH

Jernbanegata 1-5, 2609 Lillehammer, Tel. 61 24 77 77

www.firsthotels.no/breiseith



### HI LILLEHAMMER - STASJONEN HOTELL

Jernbanetorget 4, 2609 Lillehammer, Tel. 61 26 00 24

www.stasjonen.no



### JOREKSTAD FERIELEILIGHETER

Jørstadmoveien 690, 2625 Fåberg

www.jorekstad.no



### LILLEHAMMER CAMPING

Dampsagv. 47, 2609 Lillehammer, Tel. 61 25 33 33

www.lillehammer.camp



### MOLLA HOTELL

Elvegata 12, 2609 Lillehammer, Tel. 61 05 70 80

www.mollahotell.no



### SCANDIC LILLEHAMMER HOTEL

Turisthotellveien 6, 2609 Lillehammer, Tel. 61 28 60 00

www.scandichotels.no/lillehammerhotel



### SCANDIC VICTORIA HOTEL

Storgata 84 B, 2609 Lillehammer, Tel. 61 27 17 00

www.scandichotels.no



### SKOGLI HELSE- OG REHABILITERINGSSENTER

Fredrik Colletsvei 13, 2614 Lillehammer, Tel. 61 24 91 00

www.skogli.no



### SUTTESTAD GÅRD

Suttestadv. 17, 2613 Lillehammer, Tel. 46 85 56 33

suttestadgaard@gmail.com



### OVERGAARD OVERNATTING

Jernbanegt. 4, 2609 Lillehammer, Tel. 92 22 28 93, oevergaard@gmail.com

www.oevergaard.no



## NORDSETER

### LILLEHAMMER FJELLSTUE OG HYTTEUTLEIE

Nordsetervegen 1330, 2618 Lillehammer, Tel. 61 27 00 00

www.lillehammerfjellstue.no



### NORDSETER APARTMENTS

Nordsetervegen 1290, 2618 Lillehammer, Tel. 61 27 00 00

www.lillehammerfjellstue.no



### NORDSETER FJELLPARK BOOKING

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www.nordseter.no



## SJUSJOEN

### ARCTIC DOME

Aksjøen, 2612 Sjusjøen, Tel. 94 84 62 70

www.sjusjoenhuskytours.no



### CAMP SJUSJOEN

Sørmessenveien 23, 2610 Mesnalin, Tel: 62 35 93 30 / 40 40 53 54

www.mesnali.no



## HAFJELL/ØYER/HUNDERFOSSEN

### AGGAHYTTER PANORAMA

Storslåvegen 59, 2636 Øyer, Tel. 91 83 88 98

www.moseter.no



## FOSSEGÅRDEN MOTELL

Hundervegen 282, 2636 Øyer, Tel. 61 27 41 03

www.fossegarden.no



## GLOMSTAD GJESTEHUS

Nord-Trettenvegen 471, 2635 Tretten, Tel. 41 46 80 15

www.glomstadgjestehus.no



## HAFJELLKVITFJELL BOOKING

Stasjonsvegen 19, 2634 Fåvang, Tel. 61 24 90 00

www.hafjell.no



## HAFJELL HOTELL

Hundervegen 33, 2636 Øyer, Tel. 61 28 55 50

www.hafjellhotell.no



## HAFJELL RESORT

Hundervegen 33, 2636 Øyer, Tel. 61 28 55 50

www.hafjellresort.no



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www.hafjellexclusive.no



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www.hornsjoe.com



## HUNDERFOSSEN CAMPING

Fossekrovegen 90, 2625 Fåberg, Tel. 61 27 73 00

www.hunderfossen-camping.no



## HUNDERFOSSEN HOTELL & RESORT

Fossekroveien 71, 2625 Lillehammer, Tel. 61 27 40 00

www.hunderfossenhotell.no



## HUNDERFOSSEN SNOHOTELL

Hunderfossen, 2625 Lillehammer, Tel. 61 27 40 00

www.hunderfossenhotell.no



## ILSETRA

Hafjelltoppen, 2636 Øyer, Tel. 61 27 52 52

www.ilsetra.no



## MAGELI CAMPING OG HYTTER

Kongsveien 2220, 2635 Tretten, Tel. 61 27 63 22

www.magelicamping.no



## MOSETERTOPPEN PANORAMA

Storslåvegen 86, 2636 Øyer, Tel. 91 83 88 98

www.moseter.no



## NERMO HOTELL & APARTMENTS

Nermosvegen 56, 2636 Øyer, Tel. 61 27 55 80

www.nermohotell.no



## ODDEN CAMPING

Kongsvegen 510, 2636 Øyer, Tel. 61 27 83 26



## PELLESTOVA HOTELL

Hafjelltoppen, Hundsetervegen 910, 2636 Øyer, Tel. 61 27 45 00

www.pellestova.no



## RUSTBERG HYTTER OG CAMPING

Kongsvegen 691, 2636 Øyer, Tel. 61 27 77 30

www.rustberg.no



## RYBAKKEN HYTTER OG CAMPING

Rybakken, 2636 Øyer, Tel. 97 09 37 30

www.rybakken.com



## SCANDIC HAFJELL

Hundervegen 1, 2636 Øyer, Tel. 61 27 77 77

www.scandichotels.no/hafjell



## SKARSMOEN GÅRD

Kongsvegen 1091, 2636 Øyer, Tel. 99 39 44 36

www.skarsmoen.no



## AASLETEN PENSJONAT OG HYTTER

Hundervegen 92, 2636 Øyer, Tel. 61 27 76 12

www.aasletten.no



## SKEIKAMPEN

### SKEIKAMPEN BOOKING

Sanatorievegen 27B, 2652 Svingvoll, Tel. 61 22 80 00

www.skeikampenbooking.no



**THON HOTEL SKEIKAMPEN** www.thonhotels.no/skeikampen  
Hotellvegen 3, 2652 Svingvoll, Tel. 61 28 50 00



## VESTRE GAUSDAL/ESPEDALEN

**DALSETER HØYFJELLSHOTELL** www.dalseter.no  
Espedalsvegen 2346, 2658 Espedalen, Tel. 61 29 99 10



**ELGTÅRNET I ESPEDALEN** www.elgtarn.no  
c/o Dalseter, Espedalsvegen 2346, 2658 Espedalen, Tel. 90 83 77 73



**PAULSRUD GÅRD** www.gaardsferie.com  
Paulsrudvegen 10, 2653 Vestre Gausdal, Tel. 90 95 57 66



**RUTEN FJELLSTUE** www.ruten.no  
Espedalsvegen 2418, 2658 Espedalen, Tel. 61 29 73 20



**STRAND FJELLSTUE** www.strand-fjellstue.no  
Strandsetervegen 7, 2658 Espedalen, Tel. 61 28 57 20



**VEISTEN LANDHOTEL** www.veistenlandhotel.no  
Veistensgutua 37, 2653 Vestre Gausdal, Tel. 98 62 36 41



## SKÅBU

**SIKKILSDALSSETER FJELLSTUE** www.sikkilsdalen.no  
Sikkilsdalsseter, 2643 Skåbu, Tel. 48 13 06 62



**SKÅBU FJELLHOTEL** www.skabufjellhotell.no  
2643 Skåbu, Tel. 61 29 55 00/93 24 53 73



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Kvitfjellvegen 477, 2634 Fåvang, Tel. 61 28 48 00



**GUDBRANDSGARD HYTTEGREND** www.kvitfjell.no  
Kvitfjellvegen 471, 2634 Fåvang, Tel. 61 24 90 00



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Stasjonsvegen 19, 2634 Fåvang, Tel. 61 24 90 00



**HØYE GÅRD** www.timbr.as  
Vekkomvegen 218, 2630 Ringebu, Tel. 97 59 85 06



## VENABYGDSFJELLET

**LUNDES** www.lundes.no  
Rondevegen 770, 2632 Venabygd, Tel. 61 28 40 43



**SPIDSBERGSETER RESORT RONDANE** www.spidsbergseter.no  
Flaksjølivegen 82, 2632 Venabygd, Tel. 61 28 40 00



**VENABU FJELLHOTELL OG HYTTER** www.venabu.no  
Rondevegen 860, 2632 Venabygd, Tel. 61 29 32 00



## GÅLÅ/FAGERHØY/HARPEFOSS

**DALE-GUDBRANDSGARD** www.dale-gudbrandsgard.no  
Hundorpgeilen 12, 2647 Sør-Fron, Tel. 91 15 89 38



**EVENTYRLIGE OPPLEVELSER** www.eventyrligeopplevelser.no  
Rustevegen 43, 2647 Sør-Fron, Tel. 90 51 00 68



Foto: Jan Brodie

**GUDBRANDSDAL LEIRSKOLE FAGERHØY** www.fagerhoi.no  
Fagerhøy, 2647 Sør-Fron, Tel. 61 28 18 00



**RUDISETRA** www.rudigard.no  
2647 Sør-Fron, Tel. 61 29 86 60



**SYGARD GRYTING HISTORISK HOTELL** www.grytting.com  
Harpefoss, 2647 Sør-Fron, Tel. 61 29 85 88



## KVAM/RONDABLIKK

**KVAMHYTTA** www.kvamil.no  
2642 Kvam, Tel. 90 77 89 99



**HOTEL RONDABLIKK** www.rondablikk.no  
Rondablikkveien 1208, 2642 Kvam, Tel. 61 29 49 40



## SJOA

**GORAFHING SJOA AS** www.raftingsjoa.no  
Heidalsvegen 829, 2677 Nedre Heidal, Tel. 61 23 50 00, post@gorafhing.no



**SJOA RAFTINGSENTER** www.sjoarftingsenter.no  
Gudbrandsdalsvegen 430, 2670 Otta, Tel. 47 66 06 80



## SYNNFJELL

**SYNNFJELLPORTEN** www.synnfjellporten.no  
Synnfjellvegen 1186, 2880 Nord-Torpa, Tel. 90 28 06 81



## HELE REGIONEN

**NORGESBOOKING - CABINS** www.norgesbooking.no  
Lillehammerregionen, Tel. 32 08 57 10, post@norgesbooking.no







## HOW TO GET AROUND

Gudbrandsdalen offer numerous opportunities for eco-friendly travel. Car is the most convenient form of transport in the region, but bicycle, bus, and train are excellent alternatives. Lillehammer Skysstasjon is the main bus terminal, railway station, and taxi rank. Further north in Gudbrandsdalen, the main transport hubs are Ringeby Skysstasjon and Vinstra Skysstasjon. The E6 (the main north-south artery in Norway) runs through Lillehammer and Gudbrandsdalen.

### By bus

There are bus services to most of Lillehammer's attractions every half hour. During the winter months there are

buses to selected mountain destinations: Hafjell Alpine Center, Nordseter, Sjusjøen, Skeikampen, Espedalen and Skåbu. For timetables, please see [www.en-tur.no](http://www.en-tur.no)

### By train in Gudbrandsdalen

The Dovre train will stop in Lillehammer, and has three daily services northbound to Trondheim. There are stops at Hunderfossen, Ringeby, Vinstra, Kvam, Otta, Dovre, and Dombås north in Gudbrandsdalen. For timetables and tickets, please see [www.nsb.no](http://www.nsb.no)

### Taxi Lillehammer, Hafjell, Øyer and Tretten

Tel: 06565 / 61 22 20 20, [www.06565.no](http://www.06565.no)

### HKB Turbuss,

Tel: 99 55 33 36, [www.hkb-turbuss.no](http://www.hkb-turbuss.no)

Unibuss, Tel: 91 60 05 05, [www.unibussur.no](http://www.unibussur.no)



Download the journey planner ENTUR to your mobile, and check bus and train services across the country.

## Ekilibre Pilates

In need of a tough workout? Suffering from stiff muscles and painful joints? Jetlagged and tired and need to give your body a boost? A real Pilates lesson in a fully equipped Pilates studio will give you need. Ekilibre Pilates offer you one-to-one sessions in fluent English, French and Norwegian, and some German, Spanish and Italian. No matter if you are a well-trained athlete or a guest - you will love that great feeling of movement. Get in touch and book your session and make your stay in Lillehammer even more worthwhile!

Opening hours: 7 AM - 9 AM on appointment

Prices: From NOK 200 - 1.000, pls refer to website

Address: Storgata 130, Lillehammer, Tel: 47 70 53 63, [www.ekilibre.no](http://www.ekilibre.no)



## Scandic Lillehammer Hotel Wellness Centre

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Address: Turisthotellveien 6, 2609 Lillehammer

Tel. 61 28 60 00

[www.scandichotels.no/lillehammerhotel](http://www.scandichotels.no/lillehammerhotel)



## Skeikampen SPA

Skeikampen Spa is located at Thon Hotel Skeikampen. This is the place for mental relaxation where you can enjoy treatments for body and face that will give you new energy and inspiration. Here you can relax under the stars in the jacuzzi, listening to the waterfall and enjoy comprehensive and result-oriented treatments from one of our skilled therapists. Before and after the treatment, you can use our traditional sauna and steam room, soak in the two jacuzzis or simply wind down in the relaxation area. Step inside the door at Skeikampen Spa today and experience a new world!



Opening hours: Every day 10-19 Booking required!

Adresse: Hotellvegen 3, 2652 Svingvoll

Tel. 61 28 50 00, [www.thonhotels.no/skeikampen](http://www.thonhotels.no/skeikampen)



## Event companies

<b>Lillehammer Olympiapark</b> 	Tel: 61 05 42 00	<a href="http://www.olympiaparken.no">www.olympiaparken.no</a>
<b>Gålå Event</b>	Tel: 99 12 42 39	<a href="http://www.visitgala.no">www.visitgala.no</a>
<b>Gyro Conference AS</b> 	Tel: 61 28 73 20	<a href="http://www.gyroconference.no">www.gyroconference.no</a>
<b>Hafjell Event</b>	Tel: 61 27 50 00	<a href="http://www.hafjellevnt.no">www.hafjellevnt.no</a>
<b>Team Kreaktiv</b>	Tel: 45 47 90 40	<a href="http://www.teamkreaktiv.no">www.teamkreaktiv.no</a>
<b>Hafjell Arrangement AS</b>	<a href="mailto:post@hafjellarrangement.no">post@hafjellarrangement.no</a>	<a href="http://www.hafjellarrangement.no">www.hafjellarrangement.no</a>
<b>Frakke Folk</b>	Tel: 90 06 01 89	<a href="http://www.frakkefolk.no">www.frakkefolk.no</a>

# Events to look forward to...

## Norwegian Festival of Literature, 25 - 31 May 2020

Lillehammer, the UNESCO City of Literature, is the proud host of the largest and one of the most important literature festivals in the world. See authors on stage, and discuss literature and topical issues with like-minded people. We can guarantee words that will stir emotion and experiences that will make you think. 30,000 visitors and 400 authors and artists from all over the world are expected.

### Festival of literature

Foto Camilla Strømsholten

Foto Bård Gundersen

### Peer Gynt

### Mountain concert by Rondane

## Peer Gynt Festival, 31 July - 8 August

"The spectacular new production of «Peer Gynt» by lake Gålåvatnet is a great artistic achievement for everyone involved". Sindre Hovdenakk/VG Following its premier in 2019, the Peer Gynt production - under the direction of Marit Moum Aunes - was warmly embraced by the audience and as well as critics, and Pål Christian Eggen impressed with his interpretation of the main character. 2020 offers a new opportunity to experience this great success featuring Norway's best actors along with dancers from the Norwegian National Ballet on the striking stage designed by Snøhetta. **Read more and book tickets at [www.peergynt.no](http://www.peergynt.no).**

Foto Bård Gundersen

### Furusjøen Rundt

## FURUSJØEN RUNDT - THE TRIPLE

The Furusjøen Rundt scenery is beautiful and enchanting all year round, with miles and miles of trails - summer as well as winter - by the gateway to Rondane National Park. Everyone who completes the Furusjøen Rundt XC Ski Race, the Furusjøen Rundt MTB Race, and the Furusjøen Rundt XC Run in one calendar year, are entered into a draw with a chance to win the annual Furusjøen Rundt triple! The Furusjøen Rundt events held throughout the year offer a choice of distances and degrees of difficulty, and are suitable for all skill levels. Why not set the Furusjøen Rundt triple as next year's target?

Dates for 2020:

- Furusjøen Rundt XC Ski Race 2020: 15 February
- Furusjøen Rundt MTB Race 2020: 4 July (provisional)
- Furusjøen Rundt XC Run 2020: 5 September

## Mountain Concert 9 of August

Sunday 9 August 2020 at 13.00 - THE MOUNTAIN CONCERT "BY RONDANE" The annual closing concert for the Peer Gynt Festival is a meeting between powerful music and spectacular nature. Stretch out on the heath, rest your eyes on Rondane's majestic peaks, and enjoy a concert out of the ordinary. Across from Rondane, approx. 900 m above sea level, some of Norway's best musicians will take to the mountain stage. Performers for 2020 have not been published. Register for our newsletter to stay up-to-date on new additions to the programme and information on performers.

**[www.peergynt.no](http://www.peergynt.no)**

Foto Bård Gundersen

### Birken

## The Birkebeiner cross-country run (13 June) and the Birkebeiner MTB race (29 August)

Both running and cycling are on this summer's programme. Birken Run Festival, featuring events such as the Birkebeiner cross-country race, is held on 13 June, whereas the Birkebeiner MTB Race is held on 29 August. The Birken events offer distances suitable for all, and are excellent targets to train for - all year round. In 2020, it will be possible to combine some spectacular cycling with a big music festival. Birken and Lillehammer Live are held on the same weekend - a Lillehammer experience not to be missed.

Foto Birken/ Geir Olsen

## Hunderfossen Family Park and Trollnatt

### Hunderfossen Family Park - magic and excitement from morning to evening!

Hunderfossen is a fairytale adventure park, featuring over 60 family-friendly activities, and is one of Norway's most popular tourist attractions. Doors open for the summer season in May, and remain open until the autumn break. In July, there are spectacular evening performances at the fairytale park's very own King's Estate.

Foto Birken/Geir Olsen



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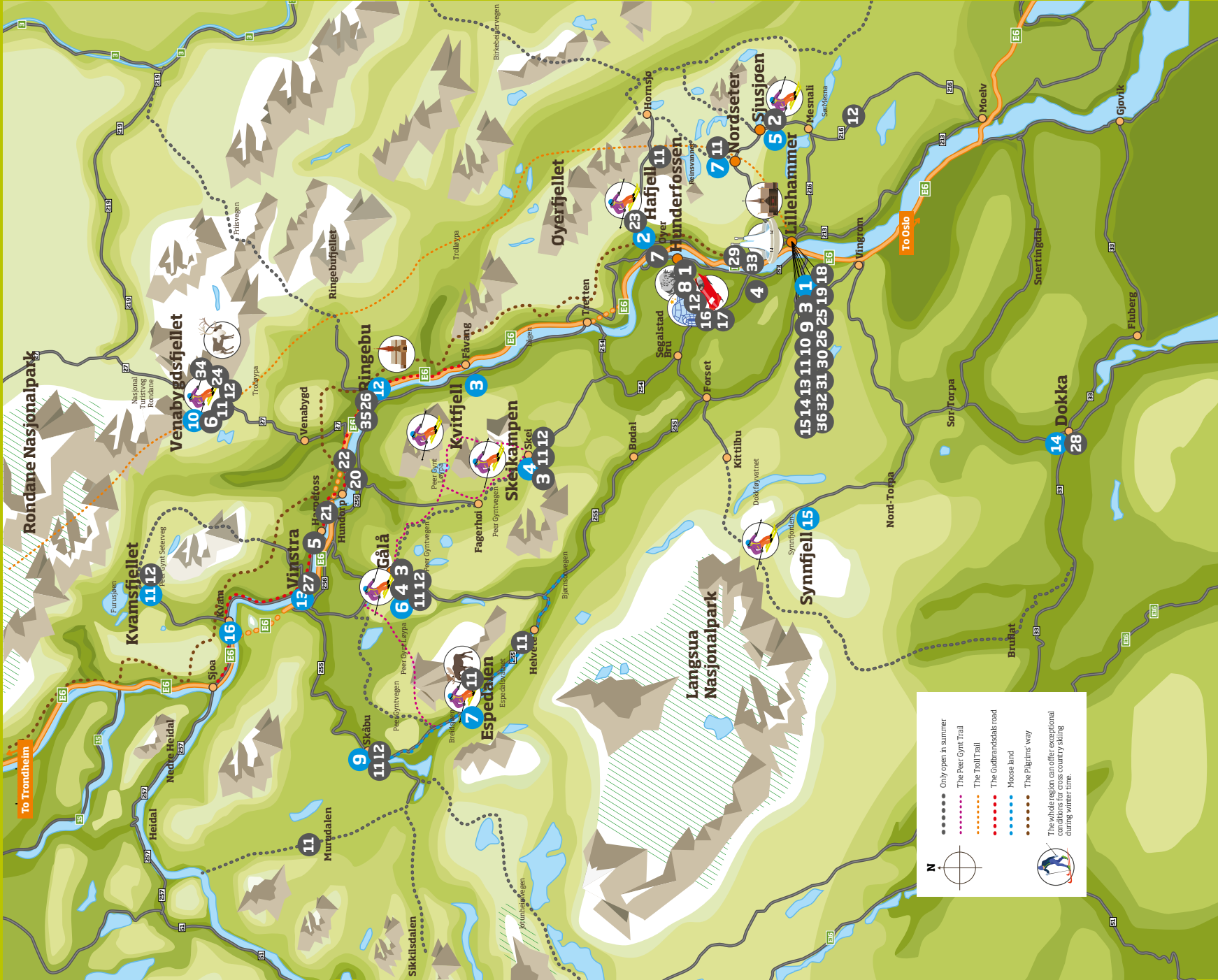
Opening hours and prices at:

[www.jorekstad.no](http://www.jorekstad.no)

Jørstadmovegen 690, Fåberg. Tlf. 61 05 70 60

lgt.no

<b>1 Lillehammer</b>	<b>1 Hunderfossen Winterpark</b>	<b>17 Norks Vehicle Museum</b>	<b>33 Blåswibutikken Concept Store</b>
<b>2 Hafjell/Overfjellet</b> Avstand til Lillehammer/Distance to Lillehammer: 16 km	<b>2 Sjusjøen Husky Tours</b>	<b>18 Lillehammer Art Museum</b>	<b>34 Fjellvypa sport and interior shop</b>
<b>3 Kvittfjell</b> Avstand til Lillehammer/Distance to Lillehammer: 50 km	<b>3 SledDog Tours</b>	<b>19 Galleri Zink</b>	<b>35 Vær fast</b>
<b>4 Skeikampen</b> Avstand til Lillehammer/Distance to Lillehammer: 38 km	<b>4 Jorekstad Leisure Pool</b>	<b>20 Dale-Gudbrands Gard</b>	<b>36 Wellness</b>
<b>5 Sjusjøen</b> Avstand til Lillehammer/Distance to Lillehammer: 19 km	<b>5 Fron Leisure Pool</b>	<b>21 Sygard Grytting</b>	
<b>6 Gålå</b> Avstand til Lillehammer/Distance to Lillehammer: 88 km	<b>6 Karlsvogna Leisure Pool</b>	<b>22 Rudi Gard</b>	
<b>7 Nordseter</b> Avstand til Lillehammer/Distance to Lillehammer: 14 km	<b>7 Lekeland Hafjell</b>	<b>23 Narmo Hotel</b>	
<b>8 Espedalen</b> Avstand til Lillehammer/Distance to Lillehammer: 78 km	<b>8 Lillehammer Olympic Sliding Centre</b>	<b>24 Aquavitfjøsset</b>	
<b>9 Sikåbu</b> Avstand til Lillehammer/Distance to Lillehammer: 88 km	<b>9 Tyrtli Klatring - climbing centre</b>	<b>25 Lillehammer City Centre</b>	
<b>10 Venabygdssjefellet</b> Avstand til Lillehammer/Distance to Lillehammer: 75 km	<b>10 Perfect Escape</b>	<b>26 Village of Ringebu</b>	
<b>11 Rondablikk</b> Avstand til Lillehammer/Distance to Lillehammer: 102 km	<b>11 Snowshoeing</b>	<b>27 Vinstra</b>	
<b>12 Ringebu</b> Avstand til Lillehammer/Distance to Lillehammer: 57 km	<b>12 Horse sleigh rides</b>	<b>28 Village of Dokka</b>	
<b>13 Vinstra</b> Avstand til Lillehammer/Distance to Lillehammer: 80 km	<b>13 Curling</b>	<b>29 Ment</b>	
<b>14 Dokka</b> Avstand til Lillehammer/Distance to Lillehammer: 55 km	<b>14 Maihaugen</b>	<b>30 Strandtorget</b>	
<b>15 Synnfjellet</b> Avstand til Lillehammer/Distance to Lillehammer: 50 km	<b>15 Norwegian Olympic Museum</b>	<b>31 Fabrikken</b>	
<b>16 Kvam</b> Avstand til Lillehammer/Distance to Lillehammer: 91 km	<b>16 Norsk Road museum</b>	<b>32 Hett Glass</b>	



To Trondheim

Rondane Nasjonalpark

Kvamsfjellet

Venabygd

Vinstra

Gåla

Espedalen

Skeikampen

Kvitfjell

Hunderfossen

Hafjell

Nordseter

Slusjoen

Lillehammer

Dokka

Langsua Nasjonalpark

Synnfjell

Bruflåt

Nord-Torpa

Sor-Torpa

Moelv

Gjøvik

Fluberg

Sneringdalen

To Oslo

Ingram

Segalstad

Forset

Bodal

Kittibu

Dokkevatnet

**Legend:**

- Only open in summer
- The Peer Gynt Trail
- The Troll Trail
- The Gudbrandsdalen road
- Moose hind
- The Pilgrims' way

The whole region can offer exceptional conditions for cross country skiing during winter time.



# LILLEHAMMER CITY

## Information



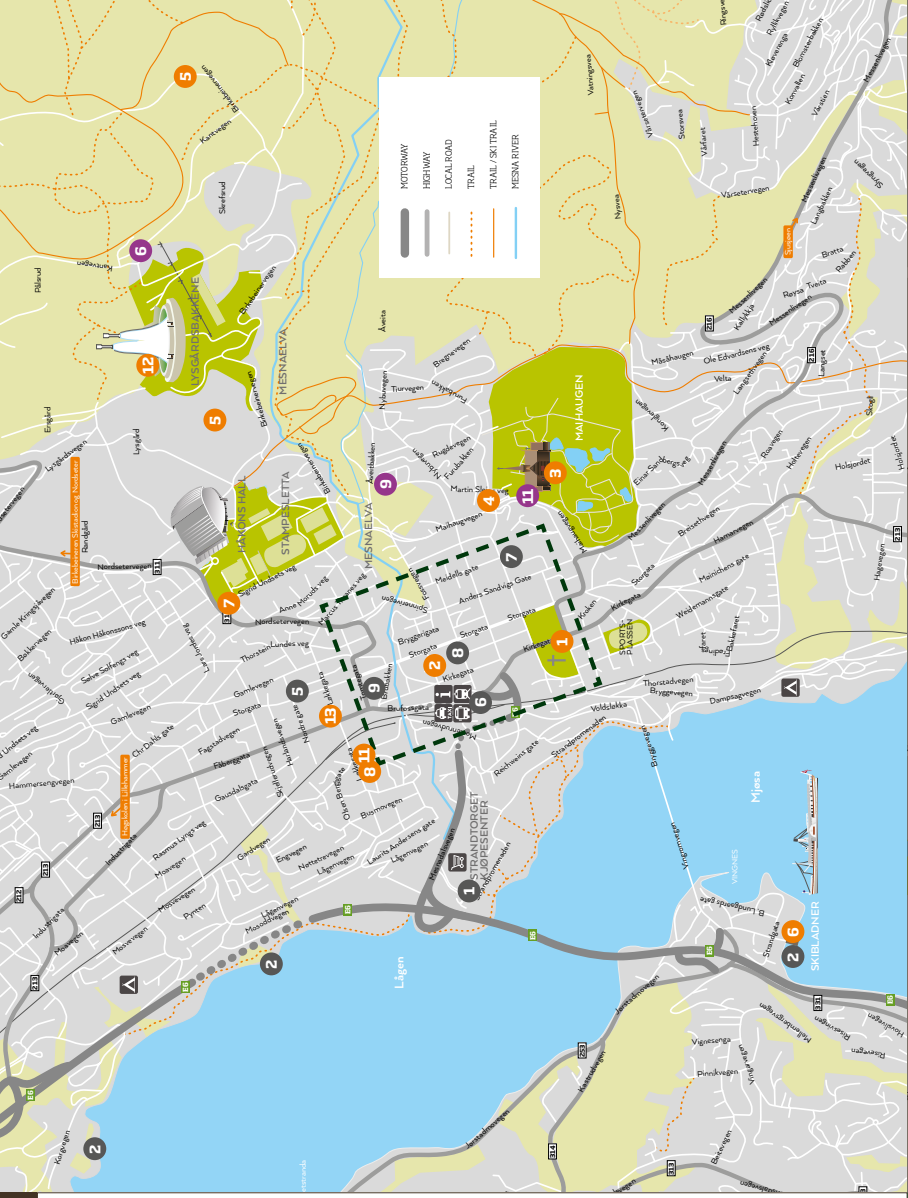
- 1 Chemist
- 2 Open air bathing
- 3 Library
- 4 Cinema
- 5 Police
- 6 Bus terminal (Railway Station)
- 7 Hospital - First Aid
- 8 Wine & Liquor shop
- 9 Tringhus

## Sights

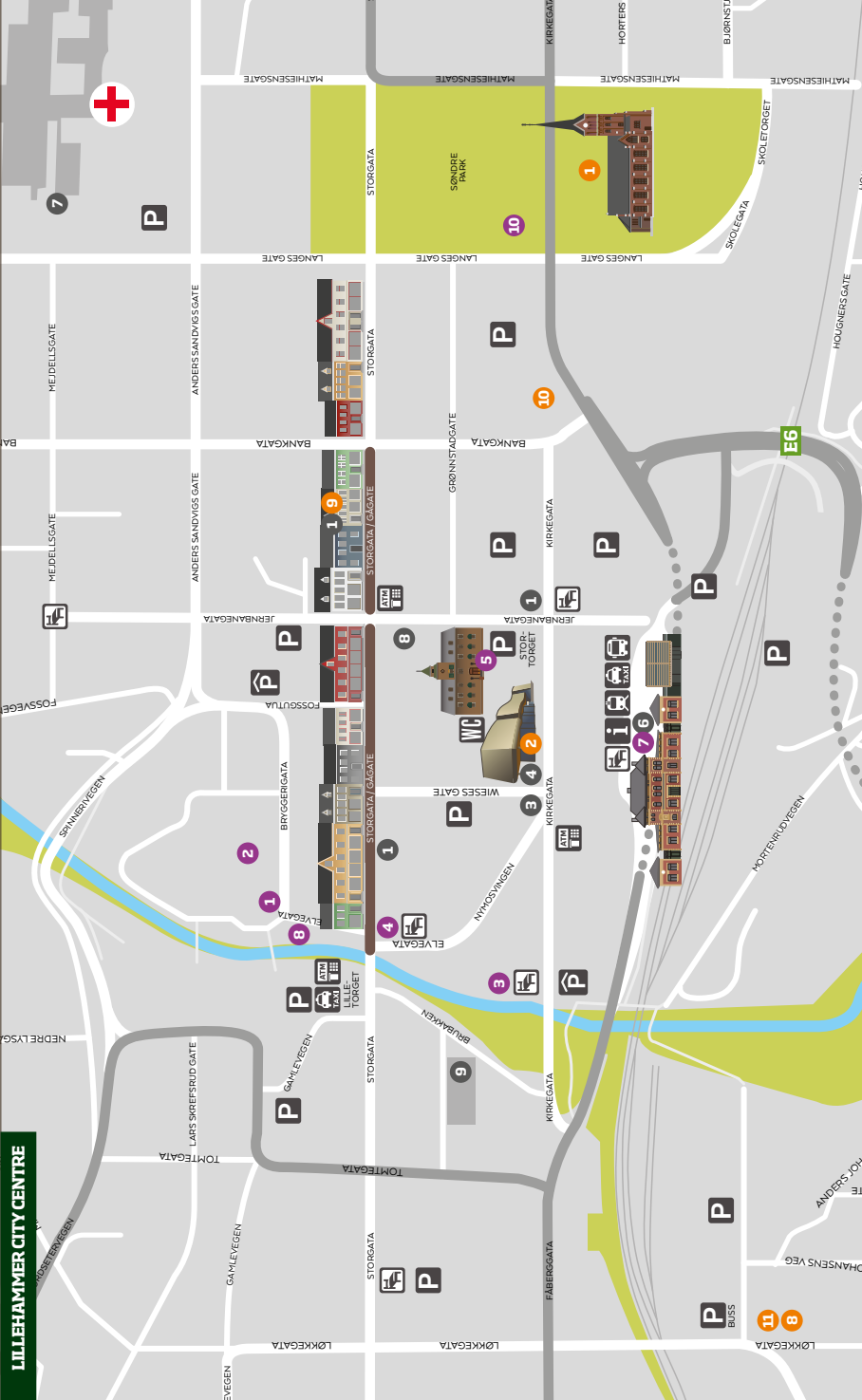
- 1 Lillehammer Kirke
- 2 Lillehammer Kunstmuseum
- 3 Malhaugen
- 4 Norges Olympiske Museum
- 5 Olympiaparken
- 6 Skibladnerbygga
- 7 Bjørkebak
- 8 Fabrikken
- 9 Galleri Zink
- 10 Kulturhuset Banken
- 11 Tyrlil Kirting
- 12 Lyngstebakken Hoppanlegg
- 13 Perfect Escape

## Restaurants and bars

- 1 Bryggeri Høleren og 1847 Brenneriet
- 2 Lillehammer Mikrobryggeri
- 3 Toppen Skybar
- 4 Heim Gastropub
- 5 Hvelvet Restaurant
- 6 Telemarkstunet
- 7 Stasjonen
- 8 Nikkers' Nikkers Sport
- 9 Salt & Pepper
- 10 Park Garden
- 11 Frich's Spiser Malhaugen



## LILLEHAMMER CITY CENTRE





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